Confuzzled

拍數: 32

級數: Intermediate

編舞者: Kash Bane (UK)

音樂: So Confused Remix (feat. Raghav) - 2 Play

HOP STEP, TOUCH, HOP STEP, TOUCH, SIDE ROCK, CHA-CHAS

- &1-2 Hop right foot back to right diagonal, touch left foot next to right, point left toe back to left diagonal
- &3-4 Hop back on left foot to left diagonal, touch right beside left, point right toe to right side
- Rock right foot to right side, recover onto left 5-6
- 7&8 Step in place right, left, right

KICKS, ½ SAILOR STEP, STEP, SWEEP, CROSS OUTS

- 1-2 Kick left foot forward, kick right foot out to right side
- 3&4 Step right behind left, make a ¼ turn right by stepping left to left side, make a ¼ turn right stepping right to right side
- 5-6 Step forward on left foot, sweep right leg round and in front of body
- 7&8 Cross right over left, step left to left side, step right to right side

1/2 CHUGS, HIP BUMPS, HOP AND SWING COMBO TURNING LEFT

- Make a ¼ turn over right shoulder on ball of right foot while pointing left toe to left side, make 1-2 a 1/4 turn over right shoulder on ball of right foot while pointing left toe to left side
- 3-4 Bump hips to left twice
- 5-6 Hop forward onto right foot, hop back onto left foot
- 7-8 Make a ¼ turn left by hopping onto right foot and swinging left foot to left side, hop onto left foot and swing right foot to right side

CROSS ROCKS, BUTTERFLY KNEES, STEP INS

- 1&2 Rock right foot across left foot, recover onto left foot, step right foot to right side
- 3&4 Rock left foot across right foot, recover onto right foot, step left foot to left side
- 5-6 While standing on balls of both feet, roll both knees in and then out to the sides
- 7-8 Step right foot back, step left foot next to right

REPEAT





牆數: 4