

Confederate Hustle

拍數: 32 牆數: 4 級數:
編舞者: Bud Cranford (USA) & Connie Cranford (USA)
音樂: She Never Cried - Confederate Railroad



WALK, WALK, WALK, STOMP

- 1 Step forward with the right foot
- 2 Step forward with the left foot
- 3 Step forward with the right foot
- 4 Stomp (up) with the left foot beside the right. (no weight change)

LEFT FOOT- KICK, BALL-CHANGE (TWICE)

- 5 Kick forward with the left foot (about 4 to 6 inches off the floor)
- & Step to the ball of the left foot, beside the right
- 6 Right foot steps in place
- 7 Kick forward with the left foot (about 4 to 6 inches off the floor)
- & Step to the ball of the left foot beside the right, with the feet apart 4 to 6 inches
- 8 Right foot steps 2 to 3 inches to the right side

BACKWARDS SAILOR SHUFFLE

- 9 Left foot steps back and to the right, toward 4:00, crossing behind the right
- & Step to the right side to the ball of the right foot. The left foot lifts slightly. Feet should be parallel but 12 to 14 inches apart
- 10 Left foot steps slightly (about 2 to 3 inches) to the left
- 11 Right foot steps back and to the left, toward 8:00, crossing behind the left
- & Step to the left side to the ball of the left foot. The right foot lifts slightly. Feet should be parallel but 12 to 14 inches apart
- 12 Right foot steps slightly (about 2 to 3 inches) to the right
- 13 Left foot steps back and to the right, toward 4:00, crossing behind the right
- & Step to the right side to the ball of the right foot. The left foot lifts slightly. Feet should be parallel but 12-14 inches apart
- 14 Left foot steps slightly (about 2 to 3 inches) to the left
- 15 Right foot steps back and to the left, toward 8:00, crossing behind the left
- & Step to the left side to the ball of the left foot. The right foot lifts slightly. Feet should be parallel but 12 - 14 inches apart
- 16 Right foot steps slightly (about 2 to 3 inches) to the right

Movement during step 9 - 16 is traveling back. The distance is about equal to the forward movement in step 1-4

STEP, DRAG, STEP, DRAG, STEP, TOUCH

- 17 The left foot steps to the left side
- & Slide the right foot to beside the left. Change weight to right foot
- 18 The left foot step to the left side
- & Slide the right foot to beside the left. Change weight to right foot
- 19 The left foot steps to the left side
- 20 Touch the right toe/ball beside the left foot. (No weight change)

CONGA TURN, RIGHT (AKA TURNING VINE)

- 21 Step to the right side with the right foot, turning $\frac{1}{4}$ to the right (facing 3:00). The left foot is extended back with the toe/ball still touching the floor
- 22 Turn $\frac{1}{2}$ to the right (facing 9:00) on the right toe/ball, bringing the left leg around as you turn. As you complete the turn, the left foot steps back, toward 3:00

- 23 Turn $\frac{1}{4}$ to the right (facing 12:00) on the left toe/ball, bringing the right leg around as you turn. As you complete the $\frac{1}{4}$ turn, the right foot steps to right side
- 24 Stomp (up) with the left foot beside the right. No weight change, but the left heel remains on the floor

LEFT TOE FANS

- 25 With the left heel in place, swing the left toe to the left, so the toe is pointing to about 10:00 position
- 26 Swivel the left toe to the right bringing it back beside the right foot. (No weight change.)
- 27 With the heel in place, swivel the left toe to the left, so the toe is pointing to about 10:00 position
- 28 Swivel the left toe to the right bringing it back beside the right foot. Change weight to the left foot

JAZZ BOX, $\frac{1}{4}$ TURN LEFT

- 29 Step forward with the right foot
- 30 Left foot steps to the right side, crossing in front of the right foot
- 31 Uncross your legs as you step straight back (toward 6:00) with the right foot
- 32 Step to the left side with the left foot, as you turn $\frac{1}{4}$ to the left off the right foot. Feet end in fourth position (left foot forward, right leg extended back with toe/ball still touching floor)

REPEAT
