

Con Rail

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Gloria Johnson (USA)
音樂: Keep On Rockin' - Confederate Railroad



HEEL TAPS, SWIVELS

- 1 Step right foot to right side about shoulder width apart from left
- 2-3 Tap right heel three times
- 5-6 Swivel toes to center; swivel heels to center
- 7-8 Swivel toes to center; swivel heels to center

HEEL TAPS, SWIVELS

- 9 Step left foot to left side about shoulder width apart from right
- 10-12 Tap left heel three times
- 13-14 Swivel toes to center; swivel heels to center
- 15-16 Swivel toes to center; swivel heels to center

VINE WITH ¼ TURN, VINE WITH ¾ TURN

- 17-18 Step right foot to right side; cross-step left behind right
- 19-20 Turning ¼ right, step on right; touch left beside right
- 21-22 Step left foot to left side; cross-step right behind left
- 23-24 Turning ¼ left, step left forward; spin ½ turn left

STOMPS WITH HOLDS, BACKWARD SHUFFLES

- 25-26 Stomp right foot forward; hold
- 27-28 Stomp left foot forward; hold
- 29&30 Step right foot back; step left together; step right foot back
- 31&32 Step left foot back; step right together; step left foot back

REPEAT
