

Como Golondrinas

拍數: 32 牆數: 2 級數: Beginner international rumba
編舞者: Louis van Hattem (NL) & Giovanni Coenmans
音樂: Como golondrinas - Angela Carrasco



SIDE, ROCK, FORWARD STEP, ¼ TURN TO RIGHT, ¼ TURN TO LEFT, ½ TURN TO LEFT

- 4-1 Place left foot to left side, left foot takes weight
- 2 Right foot step backwards
- 3 Recover weight to left foot
- 4-1 Place right foot forward, right foot takes weight
- 2 ¼ turn to right and step left foot forward
- 3 ¼ turn to left and step right foot to right side
- 4-1 ½ turn to left and place left foot to left side, left foot takes weight

ROCK TO RIGHT, ROCK TO LEFT, STEP FORWARD, 1/8 TURN TO RIGHT, RECOVER WEIGHT, CROSS BEHIND

- 2 Rock to right side
- 3 Rock to left side
- 4-1 Place right foot forward, right foot takes weight
- 2 1/8 turn to right left foot step across right foot
- 3 Recover weight to right foot
- 4-1 ¼ turn to left and place left foot behind right foot, left foot takes weight

3/8 TURN TO RIGHT, ¼ TURN TO RIGHT, ¾ TURN TO RIGHT, STEP FORWARD, ½ TURN TO RIGHT, LEFT FOOT STEP FORWARD

- 2 3/8 turn to right, step right foot forward
- 3 ¼ turn to right, step left foot to left side
- 4-1 ¾ turn to right and place right foot forward, right foot takes weight
- 2 Left foot step forward
- 3 ½ turn to right, keep feet in place
- 4-1 Place left foot forward, left foot takes weight

RIGHT FOOT STEP FORWARD, ¾ TURN TO LEFT FINISH IN CROSS POSITION, FULL TURN TO RIGHT FINISH IN CROSS POSITION

- 2 Right foot step forward
- 3-4-1 ¾ turn to left, keep feet in place and finish in cross position
- 2-3 Full turn to right, untwist feet, finish right foot across left foot with weight on right foot

REPEAT