

# Commitments To Love

**COPPER KNOB**  
STEPSHEETS

拍數: 96      牆數: 1      級數: Intermediate/Advanced  
編舞者: Bill Bader (CAN)  
音樂: That's the Way Love Is - The Commitments



## DIAGONAL, KICK, ROLLING TURN $\frac{1}{4}$ , $\frac{3}{4}$ , $\frac{1}{4}$ , SLIDE, FORWARD, SLIDE

1-2      Step right forward on right diagonal, kick left across right  
3-4      Rolling to left side: step left to left side turning  $\frac{1}{4}$  left, step right forward turning  $\frac{3}{4}$  left  
5-6      Step left to left side turning  $\frac{1}{4}$  left, slide right toe forward (9:00)  
7-8      Step right forward, slide left toe forward

## FORWARD, ROCK BACK, STEP BACK, TURN $\frac{1}{2}$ RIGHT, $\frac{1}{2}$ TURN, SLIDE, $\frac{1}{2}$ TURN, SLIDE

1-2      Step left forward (toward 9:00 wall), rock back on right  
3-4      Step left back, step right back turning  $\frac{1}{2}$  right  
5-6      Step left forward turning  $\frac{1}{2}$  right, slide right toe lightly on the floor keeping it close to left  
7-8      Step right back turning  $\frac{1}{2}$  right, slide left toe forward (3:00)

## FORWARD, TAP BACK, TAP CLOSER, TAP BESIDE, BACK-TOUCH, BRUSH, BACK-TOUCH, BRUSH

1      Big step left forward with toe and body angled right  
2-3-4      Touch right toe 3 times starting back, then closer to left, then closing beside left heel  
&5-6      Step right back, touch left toe beside right, brush left forward  
&7-8      Step left back, touch right toe beside left, brush right forward (still facing 3:00)

## SIDE TOE-HEEL, CROSS TOE-HEEL, TRIPLE RIGHT, BACK, ROCK

1-2      Touch right toe to right side, lower right heel  
3-4      Cross touch left toe over right, lower left heel  
5&6      Side shuffle to right on right-left-right (side, together, side)  
7-8      Cross step left behind right, rock forward on right

## BOX SHUFFLES: TRIPLE LEFT, $\frac{1}{4}$ RIGHT, TRIPLE RIGHT, $\frac{1}{4}$ RIGHT, TRIPLE LEFT, $\frac{1}{4}$ RIGHT, TRIPLE RIGHT

1&2      Shuffle to left side on left-right-left  
&3&4      Still on left turn  $\frac{1}{4}$  right, side shuffle to right on right-left-right  
&5&6      Still on right turn  $\frac{1}{4}$  right, side shuffle to left on left-right-left  
&7&8      Still on left turn  $\frac{1}{4}$  right, side shuffle to right on right-left-right (12:00)

## HEEL SWITCH, TOE SWITCH, HEEL SWITCH, TOE, POP

**Styling: make these moves small and tight**

1&2&      Touch left heel slightly forward, step left beside right, touch right heel slightly forward, step right beside left  
3&      Touch left toe beside right instep with left knee turned in, step left beside right  
4&      Touch right toe beside left instep with right knee turned in, step right beside left  
5&6&      Touch left heel forward right, step left beside right, touch right heel forward left, step right beside left  
7-8      Touch left toe beside right instep with left knee turned in, step left beside right with a right knee pop

## SHUFFLE FORWARD, FORWARD, $\frac{1}{2}$ PIVOT, SHUFFLE FORWARD, SPIN, FORWARD

1&2      Shuffle forward on right-left-right covering a long distance  
3-4      Step left forward, pivot  $\frac{1}{2}$  onto right (6:00)  
5&6      Shuffle forward on left-right-left covering a short distance  
7-8      Step forward on ball of right spinning a full turn left, step left forward

**SIDE TOE-HEEL, CROSS TOE-HEEL, SIDE TOE-HEEL, CROSS TOE-HEEL**

- 1-2-3-4 Touch right toe to right side, lower right heel, cross touch left toe over right, lower left heel  
5-6-7-8 Touch right toe to right side, lower right heel, cross touch left toe over right, lower left heel

**SIDE, ROCK, BEHIND-SIDE-CROSS, TRIPLE LEFT, BEHIND-SIDE-CROSS**

- 1-2 Step right to right side, rock sideways on left  
3&4 Cross step right behind left, step left to left side, cross step right over left  
5&6 Side shuffle left on left-right-left  
7&8 Cross step right behind left, step left to left side, cross step right over left

**SIDE TOE-HEEL, CROSS TOE-HEEL, SIDE TOE-HEEL, CROSS TOE-HEEL**

- 1-2-3-4 Touch left toe to left side, lower left heel, cross touch right toe over left, lower right heel  
5-6-7-8 Touch left toe to left side, lower left heel, cross touch right toe over left, lower right heel

**SIDE, ROCK, BEHIND-SIDE-CROSS, TRIPLE RIGHT, BACK, ROCK**

- 1-2 Step left to left side, rock sideways on right  
3&4 Cross step left behind right, step right to right side, cross step left over right  
5&6 Side shuffle right on right-left-right  
7-8 Step left back behind right, rock forward on right

**SHUFFLE TURNING ½, BACK, ROCK, FORWARD, ½ PIVOT, FORWARD, ½ PIVOT**

- 1&2 Shuffle forward on left-right-left turning ½ right (12:00)  
3-4 Step right back, rock forward on left  
5-6 Step right forward, pivot ½ onto left (6:00)  
7-8 Step right forward, pivot ½ onto left (12:00)

**REPEAT****TAG**

At the end of wall 2

**HOP BACK, KNEE POP 3 TIMES, HOP BACK, KNEE POP 3 TIMES**

- &1-2 Hop right back, step left beside right, pop right knee in front of left knee  
3-4 Pop left knee in front of right knee, pop right knee in front of left knee  
&5-6 Hop right back, step left beside right, pop right knee in front of left knee  
7-8 Pop left knee in front of right knee, pop right knee in front of left knee

**SIDE TOE-HEEL, CROSS TOE-HEEL, TRIPLE RIGHT, BACK, ROCK**

- 1-2-3-4 Touch right toe to right, lower right heel, cross touch left toe over right, lower left heel  
5&6 Side shuffle right on right-left-right  
7-8 Step left back behind right, rock forward on right

**FORWARD TURN/BUMP, BUMP, TURN/TOUCH, CLAP, FORWARD TURN/BUMP, BUMP, TURN/TOUCH, CLAP**

- 1-2 Step left forward turning almost ¼ right and bump hips left (towards front wall), bump again  
3-4 Return to face front and touch right toe beside left, clap (12:00)  
5-6 Step right forward turning almost ¼ left and bump hips right (towards front wall), bump again  
7-8 Return to face front and touch left toe beside right, clap (12:00)

**SIDE TOE-HEEL, CROSS TOE-HEEL, TRIPLE LEFT, BACK, ROCK**

- 1-2-3-4 Touch left toe to left, lower left heel, cross touch right toe over left, lower right heel  
5&6 Side shuffle left on left-right-left  
7-8 Step right back behind left, rock forward on left
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