

# Commitment

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Nancy van Roon  
音樂: Commitment - LeAnn Rimes



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## SHUFFLE FORWARD, STEP, TURN

1&2-3-4      Shuffle forward right-left-right, step forward on left, turn ¼ turn right

## STEP BEHIND, SIDE CROSS, STEP BACK ¼ TURN LEFT, FORWARD ¼ TURN LEFT

1&2      Step left behind right, step right to side, step left over right

3-4      Turning ¼ turn left step back on right, turning ¼ turn left step forward on left

## ROCK FORWARD, ROCK BACK, SIDE CROSS, STEP

1-2&3-4      Rock forward on right, rock back on left, step right to side, step left in front of right, step right to side

## BEHIND, TURN ¼ turn RIGHT STEP FORWARD RIGHT, ROCK FORWARD, ROCK BACK

1-2-3-4      Step left behind right, turning ¼ turn right step forward on right, rock forward on left, rock back on right

## CROSS SHUFFLE BACK, BACK RIGHT, BACK LEFT

1&2      Turning body 45 degrees right cross shuffle left over right

3-4      Straightening up step back on right, step back on left

## CROSS SHUFFLE BACK, BACK LEFT, SIDE-CROSS

1&2-3&4      Turning body 45 degrees left cross shuffle right over left

3&4      Straightening up step back on left, step right to side, step left over right

## STEP, SWAY

1-2-3-4      Stepping right to side sway hips right, left, right, left

## TOGETHER, SIDE, SIDE, CROSS OVER, UNWIND ½

1&2-3-4      Touch right toe together, step right to side, step left to side, cross right over left, unwind ½ left

## REPEAT

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