

Comin To Getcha

COPPER KNOB
BY STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Jo Conroy (UK)
音樂: Beware of the Dog - Jamelia



SIDE ROCK CROSS SHUFFLE, SIDE ROCK, BEHIND & STEP

1-2 Right side rock, recover on to left
3&4 Cross shuffle right over left
5-6 Left side rock, recover on to right
7&8 Cross left behind right & step to side on right, step left foot forward

FORWARD ROCK & FORWARD ROCK, BACK SHUFFLE, BACK ROCK

1-2 Rock forward on to right, recover on to left
&3-4 Step on the ball of right foot & rock forward on to left, recover on to right
5&6 Shuffle back on left
7-8 Rock back on to right, recover on to left

KICK & POINT KICK & POINT ¼ TURN & BUMP BUMP

1&2 Kick right foot forward & point left toe to left side
3&4 Kick left foot forward & point right toe to right side
5-6 With weight on left foot ¼ turn right, bend both knees
7&8 Bump hips twice (bump & bump keeping weight on left foot)

STEP PIVOT ½ FORWARD SHUFFLE, LEFT FORWARD ROCK & BACK DRAG

1-2 Step forward on to right foot, pivot half turn left
3&4 Shuffle forward on right (right left right)
5-6 Rock forward on to left, recover weight on to right
7-8 Take a big step back on to left, drag right to meet left (keep weight on right)

STEP LOCK & HEEL & CROSS STEP ½ CROSS SHUFFLE

1-2 Step right foot to right diagonal, lock left behind right
&3 Step on to ball of right foot, touch left heel to left diagonal
&4 Step on to left & cross right foot over left
5-6 Step side on left, ½ turn right, stepping side on right foot
7&8 Cross left shuffle

STEP LOCK & HEEL & CROSS STEP ¾ SHUFFLE

1-2 Step right foot to right diagonal, lock left behind right
&3 Step on to ball of right foot, touch left heel to left diagonal
&4 Step on to left & cross right foot over left
5-6 ¼ turn right stepping back on left foot, ½ turn right stepping forward on right foot
7&8 Shuffle forward on left (left right left)

STEP ½ RIGHT SHUFFLE, STEP FULL SHUFFLE

1-2 Step right foot forward, pivot ½ turn left
3&4 Shuffle forward on to right (right left right)
5-6 ½ turn right stepping back on to left, ½ turn right stepping forward on to right
7&8 Shuffle forward on left (left right left)

FORWARD ROCK COASTER CROSS, SIDE ROCK BEHIND & CROSS

1-2 Rock forward on to right foot, recover on to left

3&4 Step back on right, step left next to right, cross step right over left
5-6 Rock left to left side, recover on to right
7&8 Cross left behind right, side on right & cross step left over right

REPEAT
