

# Coming & Going (P)

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 0      級數: Partner  
編舞者: Pip & Carolann  
音樂: Who's Gonna Hold Me - John McCabe



**Position: Start side by side. Man on Left, Lady on Right, holding inside hands. Man's steps shown. Lady's steps are on opposite feet and mirror image, except where stated**

## MODIFIED RUMBA BOX

1-2            Step left to left, close right together  
3&4           LEFT shuffle forward left-right-left  
5-6           Step right to right, close left together  
7&8           RIGHT shuffle backward right-left-right

## ROCK STEP, SHUFFLE HALF TURN TWICE, CHANGING HANDS

9-10           Step back on left, recover onto right  
11&12        Forward shuffle left-right-left half turning right  
13-14        Step back right recover onto left  
15&16        Forward shuffle right-left-right half turning left

**Keep hold of both hands. Now back to facing LOD. Raise mans left hand, ladies right hand, half turn lady out, to face RLOD**

## LADY REVERSE STEP PIVOT TURN, KEEP HOLD OF BOTH HANDS, ENDING IN RIGHT HAMMERLOCK (AKA TAMARA, PRETZEL HOLD)

**Lady's left arm behind her back Now**

### FORWARD & REVERSE SHUFFLES, (COMING & GOING)MAN:

17-18        **MAN:** Step back on left, recover onto right  
              **LADY:** Half turn right under raised hands stepping forward onto right, step left in place. Now facing RLOD

19&20        **MAN:** Forward shuffle left-right-left  
              **LADY:** Backwards shuffle right-left-right

21-22        **MAN:** Step forward on right recover onto left  
              **LADY:** Step back onto left recover onto right

23&24        **MAN:** Backward shuffle right-left-right  
              **LADY:** Forward shuffle left-right-left

### LADY STEP PIVOT. BOTH FORWARD SHUFFLE

25-26        **MAN:** Step left foot back, recover weight onto right  
              **LADY:** Step forward onto right, half pivot left

27&28        **MAN:** Forward shuffle left-right-left  
              **LADY:** Forward shuffle right-left-right

**Both in LOD**

### FORWARD LOCK STEP AND SHUFFLE

29-30        Walk forward right left  
**Alternatively, step forward right and lock left behind right**  
31&32        Forward shuffle right-left-right

**Now back into original starting position**

**As an alternative, on steps 15&16, use only man's left and lady's right hands**

**Man take bigger steps to align in front of and facing lady, stay in this position through to step 26**

**On steps 27&28 regain side by side position and change hands**

REPEAT

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