

Coming After U

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Larry Hayden (UK)
音樂: Don't Wanna Let You Go (Radio Edit) - Five



Sequence: AB AB ACA Break CA

PART A

CHASSE, SAILOR, CROSSING SHUFFLE, 3 LITTLE ROCKS

1&2 Right chasse
3&4 Left sailor step
5&6 Right cross-over shuffle
7&8 Step left to left side, step right slightly to right, recover weight onto left

CROSS ROCK, CHASSE ¼ TURN, ¼ PIVOT, CROSSING SHUFFLE

9-10 Cross rock right over left, recover weight onto left
11&12 Right chasse with ¼ turn to right (on count 12)
13-14 Step forward on left, ¼ pivot to right (weight on right)
15&16 Left cross-over shuffle

STEP, ROCK BACK, CROSSING SHUFFLE, SIDE ROCKS, CHASSE WITH FULL TURN

17-18 Step right to right side, rock back onto left (behind right)
19&20 Right cross-over shuffle
21-22 Step left to left side, step right to right side
23&24 Left chasse - preferably with a full turn to left

CROSS ROCK (POINT!), CHASSE ¼ TURN, ½ PIVOT, SYNCOPATED FORWARD STEPS

25-26 Cross rock right over left (styling - point index fingers of both hands to 11:00 - the 'coming after u' step), recover weight onto left
27&28 Right chasse with ¼ turn to right (on count 28)
29-30 Step forward on left, ½ pivot turn to right
31&32& Step forward on left, step right behind left, step forward on left, step right behind left

PART B

FORWARD STEP, ½ PIVOT, POINT/CROSSES

1 Step forward on left
2-3 Step forward on right, ½ pivot turn to left
4-5 Point right toe to right side, cross right over left (weight on right)
6-7 Point left toe to left side, cross left over right (weight on left)
8 Point right toes to right side

SAILOR, SAILOR ¼ TURN, SIDE ROCKS, SYNCOPATED WEAVE

9&10 Right sailor
11&12 Left sailor with ¼ turn to left
13-14 Step right to right side, step left to left side
15&16& Step right behind left, step left to left, cross right over in front of left, step left to left side

HEEL DIG, STEP WITH ¼ TURN, PIVOTS, SHUFFLE FORWARD

17-18 Dig right heel to right diagonal (1:00), step down on right as you turn ¼ turn to right
19-20 Step forward on left, ½ pivot turn to right
21-22 Step forward on left, ½ pivot turn to right
23&24 Left shuffle forward

PIVOT TURN, SIDE ROCK AND CROSS TWICE, PIVOT TURN

- 25-26 Step forward on right, ½ pivot turn to left
27&28 Rock right to right side, recover weight onto left, cross right over left (with weight on right)
29&30 Rock left to left side, recover weight onto right, cross left over right (with weight on left)
31-32 Step forward onto right, ½ pivot turn to left

KICK, STEP, POINT TWICE, PIVOT TURN, KICK, STEP, POINT

- 33&34 Kick right forward, step down onto right, point left toe to left side
35&36 Kick left forward, step down onto left, point right toe to right side
37-38 Step forward onto right, ½ pivot to left
39&40 Repeat steps 33&34

KICK, STEP POINT, PIVOT TURN, MORE PIVOT TURNS!

- 41&42 Repeat steps 35&36
43-44 Repeat steps 37, 38
45-46 Step forward on right, ½ pivot turn to left
47-48 Step forward on right, ¼ pivot turn to left

Both times you get to here you will restart PART A facing the original home wall

PART C

FORWARD STEP, SIDE STEP, ROCK BACK, CHASSE, SIDE ROCKS, POINT

- 1 Step forward on left
2-3 Step right to right side, rock back onto left
4&5 Right cross-over shuffle
6-7 Step left to left side, step right to right side
8 Touch left toe to left side (9:00)

FULL TURN, CHASSE, CROSS ROCK, RECOVER, ½ MONTEREY TURN

- 9-10 Stepping left, right - execute a full turn to left
11&12 Left chasse
13-14 Cross rock right over left, recover weight onto left
15 Point right toe to right side (first step of a Monterey turn)
16 Turn ½ turn right on ball of left - closing right to left (weight finishes on right)

CHASSE LEFT, (RIGHT) JAZZ BOX, RIGHT CHASSE

- 17&18 Left chasse
19-22 Jazz box - turning a ¼ turn to right (weight finishes on left on count 22)
23&24 Right chasse

CROSS ROCK, RECOVER, SIDE STEP, CROSS STEP, ½ UNWIND, CHASSE, TOUCH & STEP

- 25-26 Cross rock left over right, recover weight onto right
27 Step left to left side (and slightly back)
28-29 Cross right over in front of left, unwind ½ turn left (weight finishes on left)
30&31 Right chasse
32& Touch left next to right instep, step down on left

TO START THE DANCE

After 18 seconds the vocal starts 'Don't wanna let you go'. Start on the word 'GO' (not the 'intro' bit at 10 seconds). Each PART A should start on the word 'GO'. Also after the break (after second A of ACA) at 2:47, again start section C on the word 'GO'.

FOR A BIG FINISH

At end of last PART A, add an extra 2 counts

- 33 Step forward on left
34 Right hitch (raising arms into the air fists clenched, forearms forward)

