Come To Me

拍數: 32

級數: Intermediate hip hop

編舞者: Kash Bane (UK)

音樂: Come To Me (feat. Nicole) - P. Diddy

HITCH, KNEE POPS, HEEL STEP, WEIGHT DROP, BEHIND, STEP, SIDE, HIP BUMPS

- 1&2& Hitch right knee, step right down, pop both knees outwards, return knees to center
- 3&4 Step left heel forward to left diagonal, lean into left leg, drop weight onto whole of left foot by dropping toes
- &5-6 Lock right foot behind left, step left foot forward, step right to right side
- 7-8 Bump hips left then right

CHEST POPS, ROCK, RECOVER, HITCH TURN, BEHIND, SIDE, STEP

- 1-2 Pop chest out to right diagonal, then pop chest out to left diagonal
- 3-4 Pop chest out to right diagonal a further two times
- 5&6 Rock right foot forward, recover on to left foot, make a ½ turn over right shoulder hitching right knee
- 7&8 Step right behind left, step left to left side, step right forward

STEP, POINT, SLIDE, HITCH, CHEST POP, STEP, SAILOR, FULL HITCH TURN

- &1 Step left foot forward, point right to right side
- 2 Slide right towards body
- 3&4 Hitch right knee, step down onto right, pop chest out
- 5 Step right foot forward
- 6&7 Step left foot behind right, step right to right side, step left foot to left side and prep for full turn
- 8 Make a full turn over left shoulder while hitching right knee

MAMBO, COASTER STEP, HIP SWAYS

- 1&2 Rock right foot forward, recover onto left foot, step right next to left
- 3&4 Step left foot back, step right next to left, step left foot forward
- 5-6 Step right foot to right side and sways hips to right, sway hips left
- 7-8 Sway hips right then left

REPEAT

TAG

There is an 8 count tag which is added after wall 4

SEXY WALKS, OUT STEPS, SLAP, HIP ROLL

1-4 Walk forward left, right, left, right, crossing each foot over the last

Alternative: crip walk forward for 4 counts leading with right foot

- &5 Step left foot to left side, step right foot to right side
- 6 Slap both hands on hips
- 7-8 Hip roll slowly round to the left





牆數:2