

Come On!

拍數: 0 牆數: 2 級數: Improver
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音樂: Come On - Jimmy Somerville



Sequence: A, A-23, A-16, A-16, BBB, 2counts hold, AA, A-16, A-16, BB, A-16, A, BB, BB, BB, B

PART A

KICK LEFT-KICK ¼ TURN LEFT, COASTER STEP, KICK RIGHT-KICK ¼ TURN RIGHT, ¼ TURN STEP RIGHT-HOLD

1-2 Kick left foot forward, kick left foot ¼ turn left forward
3&4 Step left foot back, step right foot next left, step left foot forward
5-6 Kick right foot forward, kick right foot ¼ turn right forward
7-8 Step right foot ¼ turn right behind left foot, hold

LOCK STEP LEFT, SHUFFLE FORWARD LEFT, TOE BACK-½ TURN RIGHT, KICK RIGHT-OUT OUT

9-10 Step left foot forward, lock right foot behind left
11&12 Step left foot forward, step right next left, step left foot forward
13&14 Tap right toe back, ½ turn right, step right next left
15&16 Kick left foot forward, step left foot to left side, step right foot to right side

BODY ROLL RIGHT, BODY ROLL LEFT, BEND KNEES TOGETHER-OUT

17-18 Complete a side moving body roll right
19-20 Complete a side moving body roll left
21&22& Bend your knees together, out, together, out
23&24& Bend your knees together, out, together, out

PART B

SHUFFLE LEFT FORWARD, PIVOT ½ TURN, SHUFFLE RIGHT FORWARD, TAP-HOLD

1&2 Step left foot forward, step right next left, step left foot forward
3-4 Step right foot forward, pivot ½ turn left
5&6 Step right foot forward, step left foot next right, step right foot forward
7-8 Tap left toe forward, hold

SWEEP ¾ TURN LEFT-TAP, STEP-TAP, STEP-TAP, LOCK STEP LEFT

9-10 Sweep left foot around making ¾ turn left, tap left next to right foot
11-12 Step left foot forward, tap right foot behind left
13-14 Step right foot back, tap left foot before right
15-16 Step left foot forward, lock right foot behind left