

Come On And Dance (R&G Fusion)

COPPER KNOB
BY STEPHEN

拍數: 0 牆數: 1 級數: Advanced
編舞者: Guyton Mundy (USA) & Robert Glover (UK)
音樂: Dance With Somebody - Goleio VI, Lumidee & Fatman Scoop



Sequence: AA, 8-Count Tag, B, 4-Count Tag, AA, 4-Count Tag, B, 8-Count Tag, AA, 8-Count Tag, B (counts 1-32), A

PART A

MAMBO, BATCHACHARA (TOUCHES WITH WALK BACK)

1&2 Rock forward on right, recover on left, step together with right
3&4 Rock back on left, recover on right, step together with left
5e& Rock forward on right, recover on left, step right slightly back
a6e Rock forward on left, recover back on right, step left slightly back
&a7 Rock forward on right, recover on left, step right slightly back
e&a Rock forward on left, recover back on right, step left slightly back
8 Step together with right

Variation for counts 5-8:

5& Touch right slightly forward, step back on right
6& Touch left slightly forward, step back on left
7& Touch right slightly forward, step back on right
8 Touch left forward slightly in front of right

TAP, STEP, 3/8 TURN, HEEL LIFT, BOTA FOGO WEAVE WITH HITCHES

&1 Tap left toe slightly forward, step down on left
2-3 Make a little more than a ¼ turn to the left, bringing right to left (facing 7:30 wall)
&4 Lift both heels, lower heels
5&6 Step forward on left, step right to right side, step left behind right while making a little less than a ¼ turn to the left (you will be facing the 6:00 wall)
a7 Hitch right up, step right behind left
&8 Make a ¼ turn to the left stepping forward on left, step forward on right

BOTA FOGO WEAVE WITH HITCHES, SIDE TOUCHES X3, STEP

a1 Hitch left up, cross left over right
&2 Step back on right, make a ¼ turn to left stepping left to left
a3 Hitch right up, step right behind left
&4 Step left to left side, cross right over left
5&6 Touch left out to left side, bring left to right, touch right out to right side
&7 Bring right in to left, touch left out to left side
&8 Bring left to right, step forward on right

PIVOT, STEP, RUN, RUN TOUCH, SAMBA ROLL

1-2 Step forward on left, make a ½ turn pivot to the right (weight ending on right)
3&4 Walk forward on left, walk forward on right, touch left next to right
5-6 Make a ¼ turn left crossing left over right, make a ¼ left stepping back on right
&7 Lock left over right, step back on right
8 Making a ½ turn over left shoulder bring left to right ending on left

PART B

Always danced facing 12:00 wall

CROSS ROCK SIDE STEP TOGETHER KNEE POPS, BODY STYLING

1&2 Cross rock right over left, recover on left, step right to right side

- &3 Step together with left, pop knees out (lower body slightly)
- &4 Pop knees in (keep body lowered), roll body up
- 5& With elbows out, palms down, hands at chest level, bring hands in towards each other, with right going to outside arcing them up in front of your face, taking them slightly apart, in same motion returning in reverse, this time bringing right to inside come back out to starting position with fingertips touching
- 6 Press right foot to right side while taking chest to the right, with arms slightly further to the right
- 7 While bringing chest to center, (just moving wrist) keeping fingertips together fold right hand down as you fold left hand up (both palms flat facing right)
- 8 Step right together to left, while folding palms in the opposite direction keeping fingertips together (to end with palms flat facing left)

BODY STYLING, KNEE POPS, STEPS TWICE, KICK, BACK ½ TURN

- 1-2 Keeping fingertips together bring left hand around the right side of your head sliding hands around that back of your neck to the left, bringing right hand around the left side of your head back to the front, ending with arms straight down, palms facing floor
- &3 Pop knees out, in (weight even)
- 4-5-6 Step forward on left, step forward on right, kick left forward
- 7&8 Step back on left, step forward on right making a ½ turn to the right, step together with left

HOLD, STEP STEP, SWIVEL, OUT OUT, STEP STEP TWICE, HOLD STEP STEP

- 1&2 Hold leaning slightly forward, step forward right, step forward left
- &3 On heel of left and ball of right swivel left toes to left and right heel to right, bring back to center
- &4 Step left to left, step right to right
- &5 Bring left to right, step right to right side
- &6 Bring left to right, step right to right side
- 7&8 To right diagonal (7:30 wall) drag left foot in to right, step slightly forward on ball of left foot, step forward on right

BACK, ½ TURN OUT, HEEL POPS, KNEE POP, HITCH ARK, PRESS, SIDE STEP, BALL STEP

- 1&2 Step back on left, make a little less than a ½ turn over right shoulder stepping forward on right, step left out to left side (to 3:00 wall)
- &3 Pop both heels up while bending knees slightly forward, bring heels back down straightening legs
- &4 Pop right knee in, pop right knee out
- &5 Hitch right knee up slightly to right while arcing torso to left, bringing body back to center press down on right
- 6-7 Pressing off right foot take a big side step to the left angling to left diagonal (1:30 wall), drag right in to left
- &8 Step slightly forward on ball of right, step forward on left

1 1/8 WALK AROUND, ALTERNATING KNEE POPS, KNEE POPS, SHOULDER POPS WITH HITCH

- 1-2 Step back on right coming off angle centering up to 12:00 wall, making ¼ left step forward on left
- 3-4 Make a ½ turn to the left stepping back on right, make ¼ turn to left stepping left to left side
- &5 Swiveling on ball of right foot pop right knee in, take right knee out coming back to flat foot
- &6 Swiveling on ball of left foot pop left knee in, take left knee out coming back to flat foot
- &7 Swiveling on balls of both feet pop both knees in, take knees back out coming back to flat foot
- &8 Rock shoulders right, rock shoulders left as you hitch right up and slightly forward

TAG

Between the a and b patterns you will have either a 4 count (walk around ½ turn to the left) or 8 count (walk around a full turn to the left)

