

Come On

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Nic Bartlam (UK)
音樂: Baby Come On (feat. DJ Robbie) - Chris Anderson



TWO WALKS FORWARD, ROCK, THREE WALKS BACK, BODY ROLL

1-2 Walk forward right, walk forward left
3&4 Rock forward on right replace weight back to left step back on right
5&6 Walk back left, walk back right, walk back left
7-8 Snake body roll to the right

Option: instead of body you could touch left to right

VINE TO THE LEFT, TOUCH, TOUCH SWEEP ½ TURN HOLD CLAP

1-2 Step left to left side, cross right behind left
3-4 Step left to left side, touch right to left
5-6 Touch right foot forward, sweep right foot crossing right behind left untwist ½ turn
7-8 Hold, clap (leaving weight on right foot)

KICK STEP BACK, DOWN, UP, DOWN, STEP TURN ¼ TURN, BODY ROLL

1&2 Kick left foot forward, close left to right, step back on right
3&4 Down, up, down (leaving weight on right foot)
5-6 Step forward on left, turn ¼ left
7-8 Snake body roll to the right

Option: instead of a body roll you could touch left to right

STEP FORWARD, KICK, COASTER STEP, SWEEP ½ TURN, CLAP

1-2 Step forward on left foot, kick right foot forward
3&4 Step back on right, close left to right, step right foot forward
5-6 Touch left foot forward, sweep left round and cross left behind right
7-8 Untwist ½ turn left, clap

JUMP FORWARD, JUMP BACK, POP KNEE IN POP KNEE OUT TURN ¼, HOLD, BODY ROLL

&1 Step forward on right, step forward on left
&2 Step back on right, step back on left
3-4 Pop right knee in, pop right knee out
5-6 Hold, body roll forward replacing weight on to right
7-8 Body roll down, replacing weight on to left

Option: instead of doing body rolls you could rock forward on right, hold, rock back, hold

KICK, KICK, SAILOR STEP, TOUCH SWEEP ½ TURN, CLOSE

1-2 Kick right foot forward, kick right foot diagonally to the right
3&4 Cross right foot behind left, step left to left side, step right to right side
5-6 Touch left foot forward, sweep left round and cross left behind right
7-8 Make ½ turn, close, clap

REPEAT

TAG

Tag is danced after the 5th wall

WALK FORWARD RIGHT LEFT, ROCK REPLACE, SHUFFLE BACK, ROCK STEP

1-2 Walk forward right, walk forward left
3&4 Rock forward, replace weight back on to left, step back on right

5&6 Step back on left, draw right foot to left foot, step left foot back
7-8 Rock back right, replace weight on to left

KICK AND POINT, SAILOR STEP, CROSS, UNTWIST

1&2 Kick right foot forward, step forward on right point, left to left side
3&4 Step left behind right, step right to right side, step left to left side
5-6 Cross right behind, untwist $\frac{1}{2}$ turn right
7-8 Hold, clap (leave weight on left foot)

WALK FORWARD RIGHT, LEFT, ROCK REPLACE, SHUFFLE BACK, ROCK STEP

1-2 Walk forward right, walk forward left
3&4 Rock forward, replace weight back on to left, step back on right
5&6 Step back on left, draw right foot to left foot, step left foot back
7-8 Rock back on right, replace weight on to left

KICK AND POINT, SAILOR STEP, STEP, HOLD, $\frac{1}{2}$ TURN

1&2 Kick right foot forward, step forward on right, point left to left side
3&4 Step left behind right, step right to right side, step left to left side
5-6 Step forward on right, hold
7&8 Make $\frac{1}{2}$ turn left, over two counts

Option: on counts 7&8 as you make the $\frac{1}{2}$ turn bump your shoulders down, up, down, up
