

# Come Get It

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Karen Jones (UK) & Barry Porter (UK)  
音樂: Get the Party Started - P!nk



## KICK RIGHT FORWARD, SIDE (WITH HEEL BOUNCES), RIGHT SAILOR STEP, KICK LEFT FORWARD, SIDE (WITH HEEL BOUNCES), LEFT SAILOR STEP

- 1-2      Kick right forward, kick to right side (bounce left heel with each kick)
- 3&4      Right steps behind left, step left to left side, step right slightly forward
- 5-6      Kick left forward, kick to left side (bounce right heel with each kick)
- 7&8      Left steps behind right, step right to right side, step left slightly forward

## RIGHT SAILOR STEP WITH ½ TURN RIGHT, LEFT FORWARD SHUFFLE, FULL TURN MONTEREY TO RIGHT, LEFT POINT, HITCH, CROSS

- 9      Step right behind left starting to turn ½ right
- &      Step left out to left side completing the turn (now facing 6:00 wall)
- 10      Step right slightly forward (same as foot work for a sailor step, with ½ turn right)
- 11&12      Left shuffle forward stepping left, right, left
- 13      Point right toe to right side
- 14      Spin full turn right on ball of left foot, step right next to left with weight
- 15&16      Point left to left side, hitch left up across right, step in front of right (weight ends on left)

## TWO KNEE PUMPS, COASTER STEP WITH ¼ TURN RIGHT, STEP LEFT, BALL, STEP, HOLD, BALL, STEP

- &17      Hitch right knee in toward body, extend right heel toward right diagonal (pumping action)
- &18      Hitch right knee in toward body(&), extend right heel toward right diagonal (pumping action)
- 19      Step right behind left commencing ¼ turn right
- &20      Step left together with right completing turn, step forward on right (now facing 9:00 wall)
- 21&22      Step left forward, step right together with weight on ball of right, step left forward
- 23&24      Hold, step right together with weight on ball of right, step left forward

**When you have finished this section you should be facing 12:00 wall**

**Styling: throughout 21-24, your eyes follow your right hand**

- 21      Step left forward leaning body forward and stretching right arm toward 9:00 wall, hands open as if about to pick an object off a table in front of you
- &      Bringing the right ball of foot toward left straighten body to upright position, closing grasp (imaginary object now in hand) right arm in front
- 22      Stepping left forward, look to right and extend arm to 3:00 wall opening grasp (let go of imaginary object)
- 23      Hold foot position leaning body forward and stretching right arm toward 9:00 wall, hands open as if about to pick an object off a table in front of you
- &      Bringing the right ball of foot toward left straighten body to upright position, closing grasp (imaginary object now in hand) right arm in front
- 24      Stepping left forward, look to right and extend arm to 3:00 wall opening grasp (let go of imaginary object)

## JUMP JUMP KICK/TURN, RIGHT COASTER STEP, WALK FORWARD LEFT, RIGHT, JUMP OUT, IN, HITCH

- 25&      Jump to left side with both feet together twice (2 bunny hops)
- 26      Jump back on left turning ¼ right and kicking right forward (now facing 3:00 wall)

**Less impact option for counts 25-26**

- 25      Tap right next to left
- &      Tap right next to left

- 26 Turn ¼ right on ball of left kicking right forward  
27&28 Step right back, step left together with right, step right forward  
29-30 Walk forward left, walk forward right  
31&32 Jump both feet apart, jump both feet together, hop forward on left hitching right knee
- Less impact option for counts 31-32**
- 31 Touch left toe out to left side  
& Step left next to right taking weight  
32 Hitch right knee

**REPEAT**

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