

Come As U R

拍數: 32 牆數: 2 級數: Improver
編舞者: Michelle Warner (UK)
音樂: Come As You Are - Beverley Knight



BACK ROCK, PIVOT ½ & POINT, CROSS, STEP, SAILOR STEP

1-2 Step back on right, replace weight onto left
3&4 Step right forward, turn ½ left & point right to right side
5-6 Cross right over left, step left to left side
7&8 Cross right behind left, step small step left, step right

CROSS, SIDE STEP, SAILOR STEP, CROSS, SIDE STEP, STEP BEHIND, TURN ¼ LEFT & STEP

9-10 Cross left over right, step right to right side
11&12 Cross left behind right, step small step right, step left
13-14 Cross right over left, step left to left side
15&16 Step right behind, turn ¼ left stepping onto left, step right slightly forward

ROCK FORWARD, BACK LOCK STEP, POINT, TURN ½ RIGHT, ROCK & CROSS

17-18 Step forward on left, recover weight onto right
19&20 Step back on left, cross right over left, step back on left
21-22 Point right to right side, turn ½ right stepping onto right
23&24 Step left to left side, replace onto right, cross left over right

SWAY HIPS LEFT THEN RIGHT, STEP BEHIND, TURN ¼ LEFT & STEP, ROCK FORWARD, BACK SHUFFLE

25-26 Step right to right side pushing hips right, step left to left side pushing hips left
27&28 Step right behind left, step left to left side turning ¼, step slightly forward on right
29-30 Step left forward, replace weight onto right
31&32 Step back on left, step right beside left, step back on left

REPEAT
