

Come & Get Me

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Johnny S. (UK)
音樂: I'm Gonna Getcha Good! - Shania Twain



STEP WITH HIP SWAYS, ROCK-RECOVER, ½ TURN RIGHT, ¼ SHUFFLE

1&2& Step right foot to right side and sway hips right, left, right, left
3&4 Rock right to right side, recover weight onto left, cross-step right over left
5-6 Step left back into ¼ turn right, step right to right side into ¼ turn right (now facing 6:00 wall)
7&8 Shuffle forward into ¼ turn right on left, right, left

LOCK-STEP BACK, LEFT COASTER, ¼ TURN LEFT, KICK, SAILOR WITH ¼ TURN RIGHT-TOUCH

1&2 Step right foot back to right diagonal, cross-lock left over right, step back right
3&4 Step left foot back, step right back beside left, step left forward
5-6 Step right forward into ¼ turn left, kick left foot forward
7&8 Step left foot behind right, step right into ¼ turn right, touch left beside right

MODIFIED RUMBA STEPS, ROCK-RECOVER - TWICE

&1-2 Step left foot quickly to left side, step right beside left, rock-step left forward
3-4 Recover weight onto right, step left beside right (weight goes onto left)
&5-6 Quickly step right foot to right side, step left beside right, rock-step right back
7-8 Recover weight onto left, touch right beside left

Emphasize hip movements during above counts 17-24

TOE-TAPS-STEP, ¼ TURN LEFT, STEP, HEEL BOUNCES WITH ¼ TURN RIGHT, RIGHT COASTER-KICK

1&2 Tap right toe to right side, tap right toe to right diagonal, tap-step right foot forward
3-4 Pivot ¼ turn left, step right beside left
5&6 Bounce both heels 1/8 turn left, bounce both heels twice 3/8 turn right (weight now on left foot & facing 6:00 wall)
7&8 Step right foot back, step left back beside right, kick right foot forward

REPEAT

RESTARTS

After the 5th sequence, you'll be facing the back wall. Dance up to count 20. Recover weight onto right. Step left beside right and restart the dance again from the beginning

And after the 9th sequence (again facing the back wall), dance up to count 20. Recover weight onto right. Step left beside right and restart the dance again from the beginning

OPTIONAL ENDING

To finish facing front wall, on the last counts 31&32 (right-coaster-kick), do the following instead:

31&32 Step right foot forward, pivot ½ turn left, stomp right forward with arms outstretched