# Come And Get It

拍數: 32

級數: Intermediate

編舞者: Mary Elson (CAN)

音樂: Who's Your Daddy? - Toby Keith

#### RIGHT ROCK RECOVER, RIGHT COASTER, LEFT ROCK RECOVER, LEFT SAILOR SHUFFLE

- 1-2 Right forward rock, recover on the left
- 3&4 Step back on the right foot, step together with the left, step right foot forward
- 5-6 Left rock side, recover on the right
- Step left behind right, step right to right side, step left in place 7&8

## STEP FORWARD RIGHT, TOGETHER WITH THE LEFT, 3 HEEL BOUNCES MAKING A ¼ TURN LEFT

- 9-10 Step forward on the right, step together with the left
- 11&12 Raise both heels and bounce 3 times making a 1/4 turn to the left (leave weight on right foot)

## TWO RUNNING MAN STEPS, LEFT COASTER BACK

- 13& Step back with the left on angle, scoot drag the left foot back
- 14& Cross the right foot over the left, scoot drag the right foot back
- 15&16 Step back on the left foot, step together with the right, step left foot forward

## 1/2 MONTEREY TURN ENDING WITH A HITCH, CROSS UNWIND 1/2 RIGHT, RIGHT KICK BALL CHANGE

- 17-18 Touch right toe to the right side, spin on left foot  $\frac{1}{2}$  turn to the right stepping on the right foot
- 19&20 Touch left toe to left side, lift left knee, touch left toe to left side
- 21-22 Cross left over right and unwind <sup>1</sup>/<sub>2</sub> right (leave weight on left foot)
- 23&24 Kick right foot forward, step on the ball of the right foot, step on the left foot

# SIDE ROCK CROSS, SIDE ROCK CROSS

- 25&26 Rock right to side, recover on the left, cross the right over the left
- 27&28 Rock left to side, recover on the right, cross the left over the right

# KARATE KICK WITH ½ TURN LEFT, LEFT HEEL JACK

- (With weight on left foot), kick right foot forward, make <sup>1</sup>/<sub>2</sub> turn left on ball of left foot and kick 29-30 right foot back
- &31&32 Step back on right foot, place the left heel forward, step on the left foot and touch the right toe beside the left

# REPEAT





牆數:4