

Colours

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Chris Hodgson (UK)
音樂: Colour Blind - Darius Danesh



CROSS-HOLD / SIDE-CROSS-SIDE / CROSS-¾ UNWIND / SHUFFLE FORWARD

1-2 Cross step left over in front of right, hold one count
3&4 Step right to right side, cross step left over right, step right to right side
5-6 Cross left over in front of right, unwind ¾ turn right (weight ends on right) (9:00)
7&8 Step forward on left, step right behind left heel, step forward on left

HIP BUMPS / LOCK STEP BACK / BACK ROCK / TRIPLE ½ TURN LEFT

1&2 Stepping right slightly forward bump hips forward, bump hips back, bump hips forward
3&4 Step back on left, cross right over in front of left, step back on left
5-6 Step back on right, rock weight forward onto left
7&8 Triple step on right-left-right making ½ turn left (traveling slightly back) (3:00)

½ RONDE LEFT / KICK & POINT / CROSS-HEEL BOUNCE ½ TURN / COASTER STEP

1-2 Sweep left toe around from front to step behind right heel making ½ turn left (2 counts)
3&4 Kick right forward, step right next to left, point left toe to left side
5&6 Cross left toe over right foot, bounce heels twice making ½ turn right (3:00)
7&8 Step back on right, step left next to right, step forward on right

KICK-BALL-CHANGE / STEP-¼ TURN / CROSS SHUFFLE / ¼ TURN SHUFFLE

1&2 Kick left forward, step left next to right, step right next to left
3-4 Step forward on left, pivot ¼ turn right
5&6 Cross step left over right, step right to right side, cross step left over right
& ¼ turn left on ball of left lifting right leg up slightly
7&8 Step forward on right, step left behind right heel, step forward on right (3:00)

REPEAT
