Colorado Shuffle (P)

級數: Partner

編舞者: Dave Getty (USA)

音樂: Black Sheep - John Anderson

Position: Right side by side

拍數: 24

HEEL, TAP, HEEL, TOGETHER

- 1-2 Touch-tap right heel forward, return right center & touch-tap right toe beside left
- 3-4 Touch-tap right heel forward, return right center beside left, transferring weight from left to right

HEEL TOGETHER, TOUCH, TOGETHER

1-2 Touch-tap left heel forward, return left center beside right, transferring weight from right to left
3-4 Touch - tap right toe behind & slightly to left of left, return right center beside left transferring weight from left to right

HEEL TOGETHER, STOMP, STOMP

- 1-2 Touch-tap left heel forward, return left center beside right, transferring weight from right to left
- 3-4 Stomp right (without weight) center beside left, stomp right (without weight) center beside left

STEP, PIVOT, STEP, PIVOT

- 1-2 Step forward with right, pivot ½ turn to left, weight on left
- 3-4 Step forward with right, pivot ½ turn to left on right weight on left
- On this 4-count double-pivot, arm positioning or turn may be as follows

A) man releases lady's left hand, bringing right hand up & forward & over lady's head through lst pivot. Having turned, man now picks up lady's left hand with his left, releasing lady's right hand. Through 2nd pivot, man brings left hand up & back over lady's head, finally retaking lady's right hand with his right at lady's right shoulder, thus returning to side by side

B) man releases lady's left hand, bringing right hand up & forward & over lady's head through lst pivot. As man & lady step toward 2nd pivot, man lifts held right hands and brings them up & forward & over his head; after 2nd pivot, man returns held right hands to lady's right shoulder, finally retaking lady's left hand in front with his left, thus returning to side by side

TO REPEAT PATTERN

- 1&2 Shuffle forward right, left, right
- 3&4 Shuffle forward left, right, left
- 5&6 Shuffle forward right, left, right
- 7&8 Shuffle forward left, right, left

REPEAT

To change to some other pattern with a left lead, five shuffles follow

- 1&2 Shuffle forward right, left, right
- 3&4 Shuffle forward left, right, left
- 5&6 Shuffle forward right, left, right
- 7&8 Shuffle forward left, right, left
- 9&10 Shuffle forward right, left, right

REPEAT





牆數:0