

Cold Hearted Snake

拍數: 32 牆數: 2 級數: Beginner
編舞者: Thomas Haynes (USA) & Norma Jean Fuller (USA)
音樂: Cold Hearted - Paula Abdul



STEP STEP TRIPLE, STEP STEP TRIPLE

1-2 Turn ¼ turn right step right in place, turn ½ turn left step left in place
3&4 Facing ¼ right triple in place right, left, right

Option: hip bumps right, left, right

5-6 Turn ¼ turn left step left in place, turn ½ turn right step right in place
7&8 Facing ¼ turn left triple in place left, right, and left

Option: hip bumps left, right, left (above steps are in place and facing front wall ending in a slight diagonal to the left)

JAZZ BOX, TOUCHES, BODY ROLL

1-2 Cross right over left, step back on left (turning back straight to front wall)
3-4 Step right, step left next to right clap
5&6& Touch right to right side, step on right touch left to left side step left in place
7-8 Upper body roll palms together roll from chest down

Option: hip bumps right, left

SKATE FORWARD, SHUFFLE FORWARD, SKATE FORWARD SHUFFLE

1-2 Skate forward right, left
3&4 Shuffle diagonal forward right left right
5-6 Skate forward left, right
7&8 Shuffle diagonal forward left right left

HEEL FORWARD TOE BACK, ½ TURN PIVOT, WALK FORWARD

1-2 Touch right heel forward, right toe back
3-4 Step right forward pivot ½ turn left
5-6 Walk forward right, left
7-8 Walk forward right, left

REPEAT