# **Cold Hearted**

級數: Improver



拍數: 32

**牆數:**2

編舞者: Irene Groundwater (CAN)

音樂: Cold Hearted - Paula Abdul

## Touch steps with finger points are reminiscent of John Travolta's dance in Saturday Night Fever TOUCH, TOUCH, TOUCH, TOUCH

1-2 Touch right toe to the right, touch right toe beside left instep

3-4 Touch right toe to the right, touch right toe beside left instep

Option: on counts 1 & 3, point right forefinger out high to the right & left hand on left hip. On counts 3 & 4, drop right arm

Option: on counts 1 & 3, thrust left hip up and to the left turning your body ¼ turn towards the right. On counts 2 & 4, drop left hip to normal position and return body to normal position facing front

### **RIGHT VINE WITH TOUCH**

5-6 Side step right, cross left behind right

7-8 Side step right, touch left toe to right instep

Option: On counts 5 to 7, Dance a full rolling turn to the right (full turn)

Option: on count 7, side step right. On count 7&, step left beside right. On count 8, step right beside left

### TOUCH, TOUCH, TOUCH, TOUCH

9-10 Touch left toe to the left, touch left toe beside right instep

11-12 Touch left toe to the left, touch left toe beside right instep

Option: on counts 9 & 11, point left forefinger out high to the left & right hand on right hip. On counts 10 & 12, drop left arm

Option: on counts 9 & 11, thrust right hip up and to the right turning your body ¼ turn towards the left. On counts 10 & 12, drop right hip to normal position and return body to normal position facing front

### LEFT VINE WITH TOUCH

13-14 Side step left, cross right behind left

15-16 Side step left, touch right toe beside left instep

Option: on counts 13 to 15, dance a full rolling turn to the left (full turn)

Option: on count 15, side step left. On count 15&, step right beside left. On count 16: step left beside right

### DIAGONAL FORWARD, DRAG, DROP HEELS TWICE

17-18 Large right step diagonal forward, drag left beside right

&19&20 Raise and drop heels twice

Option: on counts 19 and 20, snap your fingers shoulder high on each side of the body

### DIAGONAL BACK, TOUCH WITH CLAP, DIAGONAL BACK, TOUCH WITH CLAP

- 21-22 Left diagonal back, touch right toe beside left instep and clap hands in front of body chest high
- 23-24 Right diagonal back, touch left toe beside right instep and clap hands in front of body chest high

### Option: omit claps on touch steps

### DIAGONAL FORWARD, DRAG, DROP HEELS TWICE

25-26 Large left step diagonal forward, drag right beside left

&27&28 Raise and drop heels twice

Option: on counts 27 and 28, snap your fingers shoulder high on each side of the body

### SIDE, REPLACE, CROSS, UNWIND WITH ½ TURN LEFT

29-30 Side step right, replace weight on left



#### 31-32 Cross right foot over left, unwind pivoting $\frac{1}{2}$ turn left on left ball weight ends on left foot

### REPEAT

#### TAG After 13th repetition of the dance, dance following steps so dance ends facing front wall TOUCH, TOUCH, TOUCH, TOUCH, CROSS, UNWIND WITH ½ TURN LEFT, TOUCH, POSE 1-2 Touch right toe to the right pointing forefinger out high to the right, touch right toe beside left instep dropping finger 3-4 Touch right toe to the right pointing forefinger out high to the right, touch right toe beside left instep dropping finger 5 Cross right over left 6 Unwind pivoting 1/2 turn left on left ball weight ends on left foot 7 Touch right toe to the right pointing forefinger out high to the right & left hand on left hip 8 Hold pose as music fades away Special thanks to Jenifer Reaume for suggesting the 1/2 turn left on count 32 instead of a 3/4 turn left