Coffee Black (P)

拍數: 32

級數: Partner

編舞者: Jan Smith (UK)

音樂: Some Broken Hearts - The Bellamy Brothers

Position: Sweetheart Position. Both on steps the same unless specified

SKATE FORWARD, SHUFFLE TWICE

- 1-2 Step forward with a skating motion, right, left
- 3&4 Right diagonal shuffle forward, right, left, right
- 5-6 Step forward with a skating motion, left, right
- 7&8 Left diagonal shuffle forward, left, right, left

ROCK, ¼ TURN, SIDE CLOSE, ¼ TURN, ROCK FORWARD, RECOVER, ½ TURN STEP, SCUFF

- 9-10 Rock right across left (dipping slightly), recover weight onto left turning 1/4 right
- 11&12 Right side, close left, step right ¼ right (hands still joined)
- 13-14 Rock left forward (dipping slightly), rock back onto right
- 15&16 Turn 1/2 left on ball of right foot, step forward left, scuff right forward (sweetheart)

CROSS ROCK, TOUCH BEHIND, STEP BACK, TOUCH HEEL FORWARD, STEP BACK, TOUCH HEEL ACROSS RIGHT FOOT, WALK FORWARD LEFT, RIGHT

- 17-18 Rock right across left (dipping slightly), touch left toe behind right
- 19-20 Step back left foot, touch right heel forward
- 21-22 Step back right foot, touch left toe across on right side of right foot
- 23-24 Walk forward left, right

FULL TURN TO THE LEFT

- 25 Step left foot forward turning 1/4 left
- 26 Step right foot to right side
- Drop left hands lift right hands over lady's head
- 27 Turn 1/2 left on ball of right foot stepping down onto left
- 28 Turn ¼ left on ball of left foot stepping forward on right

Rejoin left hands and raise over lady's head, as turn is completed resume Sweetheart

WALK FORWARD LEFT, RIGHT, (LADY FULL TURN RIGHT), SHUFFLE

- 29-30 MAN: Walk forward left, right
- LADY: Full turn right on left, right
- 31&32 Shuffle forward left, right, left

REPEAT

TAG

With recommended music "Some Broken Hearts Never Mend" by The Bellamy Brothers, after third pattern only add four beats:

- 1-2 Step forward right, scuff left foot forward
- 3-4 Step forward left, scuff right foot forward

Then start again





牆數: 0