

拍數: 0 牆數: 4 級數: Advanced hip hop
編舞者: Bronya Bishorek (MY)
音樂: Do You Want My Love - CoCo Lee



Sequence: A B A B A B A A

Created in celebration of an incredible Asian artist

SECTION A (THE CHORUS)

FORWARD WALKS, CHEST POPS, DROP AND STAND

- 1-2 Walk forward right left
- 3 Step right to right side pointing diagonal right with hand
- 4 Step left to left
- 5-6 Bring right hand over heart and make 2 chest pops
- 7 Drop left shoulder down while bending left knee
- 8 Recover on right with a slight body wave

SIDE BODY ROLL, EXTENDED BOX STEP

- 1-2 Step left to left side, drag right toe to left while doing a side body wave (weight on left)
- 3 Cross right over left
- 4 Cross left over right
- 5 Step right to right
- 6 Step back on left
- 7 Cross right over left
- 8 Step left to left (angle your body diagonally right)

KNEE BENDS, FULL TURN, SQUASH STEP, TUCK

- 1-2 With both legs apart, pop knees - down, up
- 3 Turn left knee in towards the right leg and drop down a bit
- 4 Stand up with legs still apart with left foot on ball and facing right diagonal
- 5 Cross left behind right
- 6 Unwind with a full turn
- 7 Step right to right on ball of foot, reaching right hand to side
- 8 Spring back and tuck right toe behind left foot, place palm of right hand over heart

HAND FLIPS, CROSS HITCH, POSE

- 1 Holding the last position, place left hand in front of body with palm up
- 2 Place right hand on top of left with palms up
- 3-4 With hands together, flip the palms towards you finishing palms down and then up again in reverse finishing palms up
- 5 Cross right foot over left
- 6 Hitch left knee and swivel to right diagonal (1:00)
- 7 Step left forward into diagonal line
- 8 ½ turn left stepping back on right foot (9:00)

SECTION B (THE VERSE)

TOE STRUTS FORWARD (TO 9:00), ROCK STEP, LOCK STEP AND FREEZE

- 1-2 Traveling towards 9:00, body facing diagonal touch left toe forward, step down
- 3-4 Touch right toe forward, step down
- 5-6 Touch left toe forward, step down
- 7&8 Rock right foot forward, recover on left, check right step and lock left knee behind pointing 12:00 with right hand

ROCK STEP, KNEE DROPS, WEAWE STEP, HIP BUMPS

- 1-2 Rock forward on left, ¼ turn right and recover on right (12:00)
- 3&4 Drop left knee towards floor turned into right leg, drop right knee towards floor turned into left leg, recover weight on right
- 5&6 Step left behind right, step right next to left, step left forward
- 7&8 Step right to right with hip bump, recover, big hip bump to right with hand stretched up

SYNCOPATED VINE, SIT, BODY WAVES & ROLLS

- 1&2& Step left behind right, step right to right, step left across right, step right to right
- 3-4 Step left behind right, step right to right side finish in sitting position weight on right
- 5 In same sitting position, shift left shoulder to left in a rib cage isolation move
- 6 Maintain position and shift right shoulder to right
- 7 Roll right shoulder back and shift weight to left leg
- 8 Push left hip back extending right toe diagonal forward

TOUCH & STEP, HIP ROLLS AROUND THE WORLD & ACROSS THE GLOBE

- 1-2 Touch right toe to right, step right to right
- 3-4 Touch left toe to left, step left to left
- 5-8 Roll hips in 3 full circles left to right, slowly shifting weight from left leg to right, finish with a right hip bump to right (body is facing 11:00)

SIDE RUNS BACK, COASTER STEP, WALKS

- 1&2 Facing 9:00 step left behind right, step right over left, big step left to left
- 3&4 Make a ½ turn right, step right behind left, step left over right, big step right to right
- 5&6 Make ¼ turn left (12:00), do coaster step: step back left, step right next to left, step forward on left
- 7-8 Take 2 steps forward right, left with attitude

STAR BURST, SHOULDER POPS WITH RISING AND FALLING KNEES

- &1 Step right to right on ball of foot, quickly step left to left on ball of foot
- &2 Step in right on ball, quickly step left across right landing on flat foot with knees bent
- &3 Step right to right on ball of foot, quickly step left to left on ball of foot
- &4 Step in right on ball, quickly step left across right landing on flat foot with knees bent
- 5 Roll right shoulder forward bending knees a bit
- 6 Roll left shoulder forward bending knees a bit more
- 7 Roll left shoulder back straightening knees a bit
- 8 Roll right shoulder back standing up tall

CHARLESTON MOVEMENT FRONT & BACK, RIGHT LEG FLICK TO SIDE

- 1&2 Place right foot in front of left and swivel both heels in, out, in on ball of feet
- 3&4 Place right foot behind left and swivel both heels in, out, in on ball of feet
- 5& Touch right toe to right, make small hitch with right knee
- 6& Make ¼ turn left, touch right toe to right, small hitch with right knee
- 7& Make ¼ turn left, touch right toe to right, small hitch with right knee
- 8& Make ¼ turn left, touch right toe to right, small hitch with right knee (finish facing 3:00)

BALL CHANGE, HITCH, HEEL TAPS, SWEEPING COASTER ¼ TURN, TOUCH STEPS ¼ TURN

- &1 Step left foot behind right on ball, step left across right
- 2 Hitch right knee, leaning body to left
- 3&4 Touch right toe to right, tap right heel to floor twice
- 5&6 Turn ¼ left, coaster step: sweep left behind right on ball, step right beside left, step left forward (facing 12:00)
- 7& Touch right toe right, hitch right knee
- 8 ¼ turn left, touch right toe forward (facing 9:00)

