

Cobrastyle

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Pepper Siquieros (USA)
音樂: Cobrastyle (feat. Mad Cobra) - Teddybears



RIGHT AND LEFT KNEE ROLLS/TOE STRUTS, COASTER STEP, SCUFF

1-2-3-4 Roll right knee out and step right toe diagonally forward to right, step down on right, roll left knee out and step left toe diagonally forward to left, step down on left
5-6-7-8 Step back on right, step left next to right, step forward on right, scuff left

ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, STEP, PIVOT ½, STEP, SCUFF

1-2-3-4 Rock forward on left, recover on right, rock back on left, recover on right
5-6-7-8 Step forward on left, pivot ½ right onto right, step forward left, scuff right (6:00)

DIAGONAL RIGHT LOCK STEP, TOUCH, SKATE LEFT, TOUCH, SKATE RIGHT, TOUCH

1-2-3-4 Step diagonally right forward right, left, right, touch left next to right
5-6-7-8 Skate in place diagonally left forward on left, touch right next to left, skate in place diagonally right forward on right, touch left next to right

SIDE, TOGETHER, SIDE, HITCH ½ TURN, SIDE, TOGETHER, SIDE, TOUCH

1-2-3-4 Step left side on left, step right next to left, step left to left side, hitch right knee up and make ½ turn left keeping weight on left (12:00)
5-6-7-8 Step right to right side, step left next to right, step right to right side, touch left next to right

¼ TURN, HITCH, ¼ TURN, HITCH, ¼ TURN, HITCH, STEP FORWARD, SCUFF

1-2-3-4 Step left ¼ turn left, small hitch right knee up, turn ¼ turn left and step back on right, small hitch left knee up (6:00)
5-6-7-8 Make ¼ turn left and step left to left side, hitch right knee up, step forward on right, scuff left (3:00)

ROCK, RECOVER, ½ TURN, HOLD, ¼ TURN, HOLD, ¼ TURN, HOLD

1-2-3-4 Rock forward on left, recover on right, make ½ turn left onto left, hold (9:00)
5-6-7-8 Keeping weight on left make ¼ turn left pointing right to right side, hold, make another ¼ turn left pointing right to right side, hold (3:00)

CROSS ROCK, RECOVER, STEP SIDE, SCUFF, CROSS, ROCK, RECOVER, STEP SIDE, SCUFF

1-2-3-4 Cross rock right over left, recover on left, step right to right side, scuff left across right
5-6-7-8 Cross rock left over right, recover on right, step left to left side, scuff right forward

STEP FORWARD, TAP, PIVOT ½, HITCH, ½ TURN, HITCH, ½ TURN, HITCH

1-2-3-4 Step forward right, tap left behind right, pivot ½ turn left onto left, hitch right
5-6-7-8 Make ½ turn left and step back on right, hitch left, make ½ turn left and step forward on left, hitch right (end facing 9:00)

Fun no turn option: run forward right, left, right, left

REPEAT