

Cowboy Passion

COPPER KNOB
STEPPERS

拍數: 74 牆數: 0 級數:
編舞者: Unknown
音樂: Fast As You - Dwight Yoakam



FOUR (4) QUICK HEEL SPLITS

- 1& Swing right foot out to the side while keeping toes on floor in a half crescent move.
- 2& Swing left foot out to the side while keeping toes on floor in a half crescent move.
- 3& Swing right foot out to the side while keeping toes on floor in a half crescent move.
- 4& Swing left foot out to the side while keeping toes on floor in a half crescent move.

EAST COAST SWING STEPS (START ON RIGHT FOOT.)

- 5-10 Step right, left, right, left, right, left.
- 11-12 Rock back on right. Step on left.

FOUR (4) RIGHT KICK-BALL-CHANGES

- 13-14 Right kick-ball-change.
- 15-22 Repeat these steps to all four walls, including the original wall you started with.

- 23-26 Bend right knee for two counts. Bend left knee for two counts.
- 27-29 Bend right knee. Bend left knee. Bend right knee.
- 30-34 Bend left knee and hold for four counts.
- 35 Right foot point out to the right side.
- 36-39 Step right, slide left. Step right, slide left.
- 40 Left foot point out to left side.
- 41-44 Step left, slide right. Step left, slide right.

- 45-48 With weight on balls of both feet, turn body to the right, then left (2 beats of music each).
- 49-51 Then to right, left, right (each to one beat of music).
- 52-53 Then do "tush push" hips for two counts.
- 54-55 Turn body left then right.
- 56 Right foot should be extended out to right side in front.

TUSH PUSH STEPS

- 57-61 Right shuffle forward. Left lunge. Left shuffle backward.
- 62-64 Right step back. Right shuffle forward.
- 65-66 Step left ½ turn to right.
- 67-68 Left shuffle forward.
- 69-70 Step right ¼ turn to left.

- 71-74 Lunge forward on right, bring right foot back next to left for a count of four.

REPEAT