Cowboy Mixer (P)



拍數: 36 牆數: 0 級數: Partner

編舞者: Shirley Babcock (USA)

音樂: That Old Wheel - Johnny Cash



Position: Open position, (a.k.a. Cape, side-by-side, or sweetheart). The couple is facing the line of dance, the man is on the inside of the circle. The lady moves forward to the man ahead of her on the shuffle forward steps, while the man shuffles slightly in place

HEEL SWIVELS

1-2 Swivel heels to the left; back to center3-4 Swivel heels to right; back to center

LEFT FORWARD, CROSS, FORWARD AND TOGETHER

5 Touch left heel forward

6 Cross and touch left toes to floor in front of right foot

7 Touch left heel forward8 Touch left foot next to right

VINE LEFT, TOUCH RIGHT

9-10 Step to the left with the left foot; step right foot behind left foot

11-12 Step to the left with the left foot; touch right next to left

VINE RIGHT, TOUCH LEFT

Dropping left bands

13-14 **MAN:** Step to the right with the right foot, step left behind right

LADY: Step right turning 1/4 to the right, step left across right turning 1/2 right

15-16 MAN: Step right with the right, touch left next to right

LADY: Step right across left turning 1/4 right, touch left next to right

Couple will re-join hands at this point

STEP-SCOOT, STEP-SCOOT

17-18 Step left forward; scoot on left right foot in air 19-20 Step right forward; scoot on right left foot in air 21-22 Step left forward; scoot on left right foot in air

JAZZ BOX WITH TOUCH BACK

23-24 Cross right foot over left (put weight on right; step left back)

25-26 Step right next to left; touch left toes to the back

4 SHUFFLES FORWARD STARTING ON THE LEFT

Lady shuffles forward to meet new partner

On counts 27-34, the man does his shuffles slightly in place

27&28 MAN: Shuffle in place left, right, left

LADY: Shuffle forward left, right, left

29&30 MAN: Shuffle in place right, left, right

LADY: Shuffle forward right, left, right

31&32 Shuffle in place left, right, left

LADY: Shuffle forward left, right left

33&34 Shuffle in place right, left, right

LADY: Shuffle forward right, lefty right

STOMP, STOMP

35-36 Stomp left; stomp right

REPEAT