## Cowboy Macarena



編舞者: George De Virgilio (USA)

音樂: Macarena - The GrooveGrass Boyz



1	Hips left; left hand extended forward like holding reins of horse, right hand twirling rope
	overhead like throwing a lasso
2	Hips right; hands same as #1
3	Hips left; hands same as #1
4	Hips right; hands same as #1 except right hand throws rope
5	Hips left; bring right hand down to right hip (holster)
6	Hips right; bring left hand down to left hip (holster)
7	Hips left; right hand pulls gun, points forward & shoots (shape hand like gun)
8	Hips right; left hand pulls gun, points forward & shoots (shape hands like gun)
9	Hips left; right hand brings gun to mouth and blows smoke
10	Hips right; left hand bring gun to mouth and blows smoke
11	Hips left; replace right gun in holster (right hip)
12	Hips right; replace left gun in holster (left hip)
Keep hands at hips (guns in holsters)	
13	Roll hips left
14	Roll hips right
15	Roll hips left
16	Jump & turn 1/4 turn left while rolling hips right

## **REPEAT**