Cowboy Connection

級數:

編舞者: Ronny Myers (USA)

拍數: 32

音樂: You Turn Me On - Tim McGraw

ROCK STEP, COASTER CROSS, HIP BUMPS

- 1-2 Rock forward on left foot, return weight to right foot
- 3&4 Step back on left foot, bring right foot back to left, cross left foot over right foot
- 5-8 Step to right side with right foot, bump hips to the right twice, bump hips to the left twice

HEEL PULL, LEFT ¼ TURN, HIP BUMPS, LEFT ¼ TURN

- 1-2 Place instep of right foot behind left heel (with weight on the ball of left foot), turn to the left 1/4 with a heel pull
- 3-4 Step to the right side with the right foot, bump hips to the right twice
- 5-6 Bump hips to the left twice
- Step slightly right on ball of right foot (with weight on right foot), pivot 1/4 left 7-8

SHUFFLES FORWARD, SYNCOPATED HEEL DIGS

- Step forward with left foot, bring right foot up to left foot, then step forward again with left foot 1&2
- 3&4 Step forward with right foot, bring left foot up to right foot, then step forward again with right foot
- 5&6 Step back diagonally on left foot while extending right heel forward diagonally, step down on right and bring left foot next to right foot
- 7&8 Step back diagonally on right foot while extending left heel forward diagonally, step down on left and bring right toe next to left foot, touch

HEEL PULL, LEFT ¼ TURN, HIP BUMPS, LEFT SYNCOPATED VINE

- 1-2 Place instep of right foot behind left heel (with weight on the ball of left foot), turn to the left 1/4 with a heel pull
- 3-4 Step to the right side with the right foot, bump hips to the right twice
- 5-6 Bump hips to the left twice
- 7&8 Step right behind left foot, move left foot to the left, bring right foot next to left and put weight on right foot

REPEAT





