

Cowboy Beat

拍數: 56 牆數: 2 級數:
編舞者: Bob Harvey (USA)
音樂: Unknown



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- 1-4 Grapevine right, half hitch left & clap.
5-8 Grapevine left, half hitch right & clap.
- 9-16 Cross promenade right-left-right-left (cross promenades are done by crossing each foot over the other as you step).
- 17-20 Touch right toe to side, cross hitch right, repeat.
- 21-24 Grapevine right, stomp left next to right.
- 25-28 Bump hips to left twice, bump hips to right twice.
- 29-32 Swing hips to left, right, left, scuff right.
- 33-36 Two promenades, turning to right ½ turn.
- 37-40 Right heel dig, step right forward, left heel dig, step left forward.
- 41-44 Repeat steps 37-40.
- 45-48 Two heel spreads (splits).
- 49-52 One toe spread (split), one heel spread (split).
- 53-54 Right heel dig, half hitch right.
- 55-56 Right heel dig, half hitch right.

REPEAT
