

Cover Me

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Nancy van Roon
音樂: Cover Me - Jo Dee Messina



Shuffles from counts 3-6 will feel like a rolling shuffle

1&2&3&4 Shuffle to right, (right, left, right) ½ turn right shuffle to left (left, right, left)
&5&6-7-8 ½ turn right shuffle to right (right, left, right) rock left over right, rock back onto right

Shuffles from counts 3-6 will feel like a rolling shuffle

1&2&3&4 Shuffle to left (left, right, left) ½ turn right shuffle to right (right, left, right)
&5&6-7&8 ½ turn right shuffle to left (left, right, left) kick right foot forward ball change (right, left)

TRAVELING FORWARD VAUDEVILLES

1&2& Cross right over left, step left to center, touch right diagonally, step right to center
3&4& Cross left over right, step right to center, touch left diagonally, step left to center
5&6& Cross right over left, step left to center, touch right diagonally, step right to center
7&8 Cross left over right, step right to center, touch left diagonally

&1-2 Turning ¼ left step left forward, step right foot forward, pivot ½ turn left
3&4-5&6 Step right heel forward, ball change (right, left) step right heel forward, ball change (right, left)
7&8 Step forward on right, pivot ½ left stepping forward on left

1-2 Hitch right knee & slap thigh with left hand, pivot ¼ right & slap thigh with right hand
3&4 Step right foot back, step left foot together, step right foot forward (coaster step)
5-6 Hitch left knee & slap thigh with right hand, pivot ¼ left & slap thigh with left hand
7&8 Step left foot back, step right foot together, step left foot forward (coaster step)

1&2-3-4 Shuffle forward on right (right, left, right) stepping forward on left turn a full turn right landing on right foot
5&6 Shuffle forward on left (left, right, left)
7-8 Stepping right next to left, feet slightly apart, rock right to right, rock left to left

On the rocks to right sway hips & bend knees right then sway hips & bend knees to the left, at the same time cross right hand over left arm & left hand over right arm.

REPEAT