

Coupe Deville (P)

COPPER KNOB
BY STEPHEN BATES

拍數: 32 牆數: 0 級數: Partner
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: Fresh Coat of Paint - Lee Roy Parnell



Position: Right Open Promenade Position, holding inside hands (man's right and lady's left). Partners on opposite footwork

MAN

FORWARD SHUFFLE, MILITARY PIVOTS, FORWARD SHUFFLE

1&2 Shuffle forward (right, left, right)

Release inside hands. Man's right hand and lady's left

3-4 Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot

5-6 Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot

Man takes up lady's left hand in his right. Partners return to the right open promenade position, holding inside hands

7&8 Shuffle forward (left, right, left)

MILITARY PIVOTS, TURNING VINE, TOUCH

Release inside hands. Man's right hand and lady's left

9-10 Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to right foot

11-12 Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot

Man takes up lady's left hand in his right. Partners return to the right open promenade position, holding inside hands

13-14 Pivot a ¼ turn to the left on ball of left foot and step to the right on right foot; cross left behind right and step

Partners now back to back. Man facing ILOD. And lady facing OLOD. Man takes up lady's right hand in his left

15-16 Step to the right on right foot; touch left foot next to right

HIP BUMPS. HIP GRINDS

17-18 Step to the left on left foot and bump hips to the left twice

19-20 Shift weight to right foot and bump hips to the right twice

21-24 Slowly rotate hips one full revolution to the left, down, to the right, up and to the left, ending with weight on left foot

ROCK STEP, PIVOT STEP, TOUCH, 1 ¼ ROLLING TURN, SCUFF

25-26 Step forward on right foot; rock back onto ball of left foot

Release man's left hand and lady's right

27-28 Pivot ½ turn to the right on ball of left foot and step forward on right foot touch left foot next to right and slap lady's right hand with your left

Partners now facing each other. Man faces OLOD and lady faces ILOD. Release hands

29-30 Step to the left on left foot and begin a 1 ¼ rolling turn to the left traveling to the left; step on right foot and continue rolling turn to the left

31-32 Step on left foot and complete rolling turn to the left; scuff right foot next to left

Man takes up lady's left hand in his right. Partners return to the right open promenade position, holding inside hands

REPEAT

LADY

FORWARD SHUFFLE, MILITARY PIVOTS, FORWARD SHUFFLE

1&2 Shuffle forward (left, right, left)

Release inside hands. Man's right hand and lady's left

3-4 Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot

5-6 Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot

Man takes up lady's left hand in his right. Partners return to the right open promenade position, holding inside hands

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Partners now back to back. Man facing ILOD. And lady facing OLOD. Man takes up lady's right hand in his left

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Release man's left hand and lady's right

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Partners now facing each other. Man faces OLOD and lady faces ILOD. Release hands...

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REPEAT
