

Country Ways

拍數: 48 牆數: 4 級數: Beginner
編舞者: Phil Carpenter (UK)
音樂: I'm From The Country (Dance Mix) - Tracy Byrd



GRAPE VINE RIGHT WITH STOMP, GRAPEVINE LEFT WITH STOMP

- 1-2 Right step to right side, left cross behind right
- 3-4 Right step to right side, left place beside right with a stomp (weight on right)
- 5-6 Left step to left side, right cross behind left
- 7-8 Left step to left side, right place beside left with a stomp (weight on left)

RIGHT & LEFT DIAGONAL FORWARD AND BACK STEPS WITH TOUCHES & CLAPS

- 9-10 Right step forward diagonally right, left touch beside right with clap
- 11-12 Left step back diagonally left, right touch beside left with clap
- 13-14 Right step back diagonally right, left touch beside right with clap
- 15-16 Left step forward diagonally left, right touch beside left with clap

RIGHT HEEL DIGS AND HOOK, LEFT HEEL DIGS AND HOOK

- 17-18 Right heel dig forward, right hook across left knee
- 19-20 Right heel dig forward, right replace beside left
- 21-22 Left heel dig forward, left hook across right knee
- 23-24 Left heel dig forward, left replace beside right

RIGHT STEP FORWARD, LEFT KICK FORWARD, LEFT STEP BACK, RIGHT STEP BACK WITH TOUCH. RIGHT STEP FORWARD, SWIVEL ¼ TURN LEFT, RIGHT STOMP (TWICE)

- 25-26 Step right forward, left kick forward
- 27-28 Step left back, right step back touching toe to floor
- 29-30 Right step forward on balls of both feet swivel ¼ turn left (weight on left)
- 31-32 Right stomp in place twice

RIGHT & LEFT HEEL DIGS (TWICE)

- 33-34 Right heel dig forward, replace right beside left
- 35-36 Left heel dig forward, replace left beside right
- 37-38 Right heel dig forward, replace right beside left
- 39-40 Left heel dig forward, replace left beside right

WALK FORWARD RIGHT LEFT, SWIVEL HEELS LEFT & RIGHT, CLAP HANDS TWICE AND RIGHT STOMP TWICE

- 41-42 Walk forward right left
- 43-44 Swivel both heels left right
- 45-46 Clap hands twice
- 47-48 Right stomp in place twice

REPEAT
