

# The Country Shuffle

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Dave Ingram (CAN) & Sue MacFarlane (CAN)  
音樂: I'm from the Country - Tracy Byrd



## KICK FRONT SIDE, SAILOR SHUFFLE, KICK FRONT SIDE, SAILOR SHUFFLE

- 1 Kick right foot front
- 2 Kick right foot to right side
- 3&4 Sailor shuffle, right, left, right
- 5 Kick left foot front
- 6 Kick left foot to left side
- 7&8 Sailor shuffle, left, right, left

## WALK, WALK, HOOK ½ TURN LEFT, COASTER STEP, CROSS, TOGETHER

- 9 Walk forward right
- 10 Walk forward left
- 11 Hook right foot behind left heel
- 12 Pivot ½ turn on ball of left foot
- 13&14 Coaster step, right, left, right
- 15 Step crossing left foot in front of right foot
- 16 Step right beside left

## APPLE JACKS WITH ½ TURN LEFT

- 17& Swivel left toe and right heel to the left, back to centre
- 18& Swivel right toe and left heel to the right, back to centre
- 19& With 1/8 turn left, swivel left toe and right heel to the left, back to centre
- 20& With 1/8 turn left, swivel right toe and left heel to the right, back to centre
- 21& With 1/8 turn left, swivel left toe and right heel to the left, back to centre
- 22& With 1/8 turn left, swivel right toe and left heel to the right, back to centre
- 23& Swivel left toe and right heel to the left, back to centre
- 24& Swivel right toe and left heel to the right, back to centre

## KICK, KICK BALL CROSS, STEP TOGETHER, ROLLING VINE 1-¼ LEFT

- 25 Kick right forward
- 26&27 Kick right, step on ball of right, cross left in front of right
- 28 Step right beside left
- 29-32 Rolling vine 1-¼ left

## STEP FORWARD RIGHT, PIVOT ½ TURN R, STEP, TOUCH

- 33 Step forward right
- 34 Pivot ½ right turn on ball of right foot
- 35 Step back left
- 36 Touch right beside left
- 37 Step forward right
- 38 Pivot ½ right turn on ball of right foot
- 39 Step back left
- 40 Touch right beside left

## BUMP, BUMP, STEP SIDE, CLAP

- 41 Step right to right as you bump hip right
- 42 Bump hip left

&43 Slide left beside right, step right foot to right  
44 Clap  
45-46 Bump hips left, right  
&47 Slide right beside left, step left foot to left  
48 Clap

**REPEAT**

When dancing to "I'm from the Country", After 7 complete repetitions of the dance, repeat section 6 (Bump, Bump, Step Side, Clap) only once, then repeat dance from the beginning.

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