

Country Shuffle

拍數: 48 牆數: 4 級數: Intermediate east coast swing
編舞者: Nancy Morgan (USA)
音樂: The Wanderer - Eddie Rabbitt



SIDE SHUFFLE LEFT, SIDE SHUFFLE RIGHT, ROCK FORWARD, ROCK BACK

1&2 Side shuffle left - step left to left side, step right next to left, step left to left side
3&4 Side shuffle right - step right to right side, step left next to right, step right to right side
5-6 Step forward on left, rock back on right
7-8 Step back on left, rock forward on right

SHUFFLE FORWARD, KICK TWICE, SHUFFLE BACK, STOMP, HOLD

1&2 Shuffle forward - step forward on left, step right next to left, step forward on left
3-4 Kick right foot forward two (2) times
5&6 Shuffle back - step back on right, step left next to right, step back on right
7-8 Stomp left foot back, hold (or clap)

SHUFFLE FORWARD, KICK TWICE, SHUFFLE ½ TURN, STOMP, CLAP

1&2 Shuffle forward - step forward on left, step right next to left, step forward on left
3-4 Kick right foot forward two (2) times
5&6 Shuffle back as you turn ½ turn to your right - step back on right, step left next to right turning
¼ turn to right, step right foot forward as you turn another ¼ turn (½ turn shuffle total)
7-8 Stomp left next to right, clap

WEAVING VINE RIGHT, STOMP, KICK-BALL-CHANGE

1-2 Step forward on right, step left behind right
3-4 Step right to right side, cross left over right
5-6 Step right to right side, stomp left next to right
7&8 Left kick-ball-change - kick left forward, step left next to right as you lift right off floor, step
right next to left

WEAVING VINE LEFT, STOMP, KICK-BALL-CHANGE

1-2 Step forward on left, step right behind left
3-4 Step left to left side, cross right over left
5-6 Step left to left side, stomp right next to left
7&8 Right kick-ball-change - kick right forward, step right next to left as you lift left off floor, step
left next to right

SHUFFLE FORWARD, ¼ TURN, KICK-BALL-CHANGE, STOMP LEFT, RIGHT

1&2 Shuffle forward - step right foot forward, step left next to right, step right foot forward
3-4 Step forward on left, turn ¼ turn to your right
5&6 Left kick-ball-change - kick left forward, step left next to right as you lift right off floor, step
right next to left
7-8 Stomp left foot forward, stomp right next to left

REPEAT