Country Routes



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Phil Johnson (UK)

音樂: Beatin' My Head Against the Wall - Danni Leigh



RIGHT CHARLESTON STEPS

1-4 Swing right around to touch forward, swing right back around and step back on right, swing

left around to touch to back, swing left around and step left forward

5-8 Swing right around to touch forward, swing right back around and step right next to left, swing

left around to touch to back, swing left around and step forward on left (12:00)

RIGHT SHUFFLE FORWARD, PADDLE TURN RIGHT, LEFT SHUFFLE FORWARD, PADDLE TURN LEFT

9&10 Right shuffle forward stepping right, left, right

Touch left to left side turn ¼ turn right, touch left to left side turn ¼ turn right, (weight on right)

(6:00)

13&14 Left shuffle forward stepping left, right, left

Touch right to right side turn ¼ turn left, touch right to right side turn ¼ turn left, (weight on

left) (12:00)

CROSS AND SIDE AND BEHIND AND STEP AND HEEL AND CROSS, STEP FORWARD, 1/4 RIGHT, CHASSE LEFT

17&18&19&20 Cross step right over left step, step left to left side, step right behind left, step left to left side,

&dig right heel forward, step on right beside left, &cross step left over right (12:00)

21-22 Step forward on right, turn 1/4 turn right tap left toe beside right

Step left to left side, step right next to left, step left to left side (3:00)

CROSS, UNWIND, CHASSE RIGHT ROCK BACK, STEP LEFT, HALF HINGE TURN RIGHT

25-26 Cross right over left, unwind full turn left, (3:00)

27&28 Step right to right side, step left next to right, step right to right side

29-30 Rock back on left behind right, recover weight on right

31-32 Step left to left side, hinge half turn right touching right next to left

REPEAT

TAG

On the fourth wall on steps 27 & 28 you will be facing 6:00. Replace steps 27&28 with:

27&28 Step right to right side, step left next to right, touch right toe next to left

Then restart the dance (facing 6:00)

When dancing to Danni Leigh, the dance ends on steps 27&28 (chasse right) facing front. Stomp right and pose