Country Rock Stomp

級數: Improver

編舞者: Ken Rock (USA)

拍數: 48

音樂: Some Kinda Good Kinda Hold On Me - Toby Keith

SIDE SHUFFLES AND ROCK STEPS

- 1&2 Right shuffle sideways to the right (right, left, right)
- 3 Step back with left foot
- 4 Rock weight forward onto right foot
- 5&6 Left shuffle sideways to the left (left, right, left)
- 7 Step back with right foot
- 8 Rock weight forward onto left foot

STEP, PIVOT, STOMP, STOMP, HEEL, CROSS, HEEL, TOUCH

- 9 Step forward with right foot
- 10 Pivot ¹/₂ turn to the left
- Stomp right foot together 11
- 12 Stomp left together (weight stays on left)
- 13 Touch right heel forward
- 14 Cross right foot in front of left leg
- 15 Touch right heel forward
- 16 Touch right together

DIAGONAL STEP TOUCHES WITH CLAPS

- 17 Step forward diagonally right with right foot
- 18 Touch left together and clap
- 19 Step forward diagonally left with left foot
- 20 Touch right together and clap
- 21 Step back diagonally right with right foot
- Touch left together and clap 22
- 23 Step back diagonally left with left foot
- 24 Touch right together and clap

RIGHT VINE

- 25 Step side right with right foot
- 26 Cross left foot behind right foot
- 27 Step side right with right foot
- 28 Stomp left foot together (weight ends on right)

LEFT VINE

- 29 Step side left with left foot
- 30 Cross right foot behind left foot
- 31 Step side left with left foot
- 32 Stomp right foot together (weight stays on left)

2 RIGHT KICK-BALL-CHANGES

- 33 Kick right foot forward
- & Quickly step down on ball of right foot
- 34 Step in place with left foot (weight ends on left)
- 35 Kick right foot forward
- & Quickly step down on ball of right foot





牆數: 2

36 Step in place with left foot (weight ends on left)

MONTEREY TURN

- 37 Touch right toe to right side
- 38 Turn ½ turn to the right on ball of left foot
- End with weight on right foot beside left foot
- 39 Touch left toe to left side
- 40 Step left together (weight ends on left foot)

CROSS, POINT, CROSS, POINT

- 41 Cross right foot over left foot
- 42 Point left toes to left side
- 43 Cross left foot over right foot
- 44 Point right toes to right side

STEP, ¼ PIVOT, STEP, ¼ PIVOT

- 45 Step forward with right foot
- 46 Pivot ¼ turn left (to the left)
- 47 Step forward with right foot
- 48 Pivot ¼ turn left (to the left) (weight ends on left)

REPEAT