

Country Rock

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Rebecca Metcalf (UK)
音樂: Rock This Country! - Shania Twain



KICK BALL CROSS TWICE, CROSSING TRIPLE, TAP

1&2 Kick right foot forward, step back on right, cross step left over right
3&4 Kick right foot forward, step back on right, cross step left over right
5-6 Cross right behind left, step left to left side
7-8 Cross right over left, tap left beside right

KICK BALL CROSS TWICE, CROSSING TRIPLE, TAP

9&10 Kick left foot forward, step back on left, cross step right over left
11&12 Kick left foot forward, step back on left, cross step left over right
13-14 Cross left behind right, step right to right side
15-16 Cross left over right, tap right beside left

½ PIVOT TURN, COASTER STEP TWICE

17-18 Step forward right, turn ½ turn over left shoulder leaving weight on right foot
19&20 Step back left, step right beside left, step forward left
21-22 Step forward right, ½ turn over left shoulder leaving weight on right foot
23&24 Step back left, step right beside left, step forward left

HEEL SWITCHES & CLAPS, ½ PIVOT TURN, CROSS UNWIND

25&26 Touch right heel forward, step right beside left, touch left heel forward
&27 Step left beside right, touch right heel forward
&28 Clap twice
29-30 Step forward on right, turn ½ turn over left shoulder touching left beside right
31-32 Point left toe to left side, cross left over right unwinding ½ turn right transferring weight to left

JAZZ JUMPS TWICE, CROSS UNWIND, SHUFFLE FORWARD

&33-34 Step forward right, step left shoulder width from right, clap
&35-36 Step back right, step left beside right, clap
37-38 Point right toe to right side, cross right over left unwinding ½ turn left transferring weight to right
39&40 Step forward left, step right beside left, step left foot forward

SIDE, BEHIND, HEEL BALL CROSS TWICE, SIDE ROCK

41-42 Step right to right side, cross left behind right
43&44 Touch right heel to right side, step back on right, cross step left over right
45&46 Touch right heel to right side, step back on right, cross step left over right
47-48 Rock right to right side, rock onto left in place

CROSS SHUFFLE, HEEL BALL CROSS TWICE, ½ PIVOT TURN

49&50 Cross right over left, step left to left side, cross right over left
51&52 Touch left heel to left side, step back on left, cross step right over left
53&54 Touch left heel to left side, step back on left, cross step right over left
55-56 Step forward on left, pivot ½ turn over right shoulder

SYNCOPATED STEP, TWIST & ½ TURN, COASTER STEP, STOMP TWICE, SLAP CLAP

&57 Step left forward beside right, step right foot forward

58 Twist ½ turn left on balls of both feet ending with weight on right
59&60 Step back left, step right beside left, step forward left
61-62 Stomp right, stomp left (feet slightly apart)
63-64 Slap thighs with hands, clap

REPEAT
