

Country Roads (Take Me Home)

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Minna Liljamo (FIN)
音樂: Country Roads - Hermes House Band



The music slows down and speeds up but just follow the tempo of the music.

CROSS ROCKS & RIGHT FULL PADDLE TURN

- 1&2 Rock right across left, step left in place, step right to right side
3&4 Rock left across right, step right in place, step left to left side
5&6 Rock right across left, step left in place, step right to right side turning $\frac{1}{4}$ right and starting right paddle turn
&7 Step ball of left slightly behind right, step weight back to right continuing right turn
&8 Step ball of left slightly behind right, step weight back to right foot completing paddle turn (you are now facing the starting wall)

Optional hands: during the right paddle turn you can raise your right arm or both arms.

CROSS ROCKS & LEFT FULL PADDLE TURN

- 1&2 Rock left across right, step right in place, step left to left side
3&4 Rock right across left, step left in place, step right to right side
5&6 Rock left across right, step right in place, step left to left side turning $\frac{1}{4}$ left and starting left paddle turn
&7 Step ball of right slightly behind left, step weight back to left continuing left turn
&8 Step ball of right slightly behind left, step weight back to left foot completing paddle turn (you are now facing the starting wall)

Optional hands: during the left paddle turn you can raise your left arm or both arms.

ROCK STEP FORWARD, $\frac{1}{2}$ TURN SHUFFLE, GRAPEVINE WITH HEEL JACK

- 1-2 Rock right forward, step left in place
3&4 Shuffle back right-left-right turning $\frac{1}{2}$ turn to right
5-6 Step left to side, cross right behind left
&7 Step left slightly back, touch right heel forward
&8 Step right beside left, cross left over right

1 $\frac{1}{4}$ TURN ROLLING TO RIGHT SIDE, HEEL SWITCHES, $\frac{1}{2}$ PIVOT TURN

- 1-4 Step right to side turning $\frac{1}{4}$ right, step left forward turning $\frac{1}{2}$ right, step right back turning $\frac{1}{2}$ right, step left beside right
5& Touch right heel forward, step right beside left
6& Touch left heel forward, step left beside right
7-8 Step right forward, pivot $\frac{1}{2}$ turn left

REPEAT