

# Country Roads

COPPER KNOB  
BY STEPHEN

拍數: 64      牆數: 4      級數: Improver  
編舞者: Judith Campbell (NZ)  
音樂: Take Me Back Country Roads - Toots & Maytale



## SIDE ROCK - RECOVER - STEP FORWARD - HOLD: (RIGHT & LEFT)

- 1-4      Rock right foot to right side, recover onto left foot, step right foot forward and slightly across left foot, hold  
5-8      Rock left foot to left side, recover onto right foot, step left foot forward and slightly across right foot, hold

## STEP FORWARD - ½ PIVOT - STEP FORWARD - ½ TURN TO LEFT - SHUFFLE BACK (LEFT-RIGHT-LEFT)

- 1-4      Step forward on right foot, ½ pivot to the left, step forward on right, ½ turn to left on ball of right foot  
5-8      Shuffle back on left foot (left together left), hold

## SIDEWAYS STRUT RIGHT LEFT - SHUFFLE TO RIGHT SIDE - STRUT LEFT FOOT (ALL MOVING TO THE RIGHT SIDE)

- 1-4      Step right toe to right side, lower right heel, step left foot across in front of right on toe, lower heel  
5&6-7-8      Shuffle right foot to right side (step together step), step left foot across in front of right on toe, lower heel

## 2 STRUTS STEPPING OUT TO SIDES - 2 FULL HIP ROLLS TO LEFT

- 1-4      Step right foot out to right side on toe, lower heel, step left foot out to left side, lower heel  
5-8      Roll hips to left full circle twice

**Optional: just do 4 hip bumps right-left-right-left**

## STEP LOCK FORWARD AND SCUFF - CROSS & TURN

- 1-4      Step forward onto right foot, lock left foot up behind right foot, step right forward, scuff left foot forward  
5-8      Place left ball of foot across in front of right foot, bend both knees and turn ½ to right

**Shimmy shoulders if you like as you go around**

## 2 MAMBO STEP FORWARD & BACK - HITCH

- 1-4      Rock/step - right foot forward, rock/step left back, step right foot back, hold  
5-8      Rock/step - left foot back, rock/step right foot forward, step forward on left foot, hitch right knee up

**Take small steps and use hips (forward back back hold, back forward forward hitch)**

## SHUFFLE ON SLIGHT DIAGONAL - HITCH - SHUFFLE ON SLIGHT DIAGONAL - HITCH

- 1-2      Step right foot forward and slightly diagonally to left, bring left foot next to right foot  
3-4      Step right foot forward and slightly diagonally left, hitch left knee up  
5-6      Step left foot forward and slightly diagonally to right, bring right foot next to left foot  
7-8      Step left foot forward and diagonally to right, hitch right knee up

## 2 PIVOTS TURNING 1/8 EACH TO THE LEFT - JUMP FORWARD RIGHT LEFT - 2 CLAPS

- 1-4      Step right foot forward, do one 1/8 pivot to left, step right foot forward again, do another 1/8 pivot to left

**You have turned ¼ to the left**

- 5-8      Jump forward on right foot, bring left foot next to right foot, clap twice

REPEAT

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