

Country Roads

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Gemma Harrison (UK)
音樂: Country Roads - Hermes House Band



POINT RIGHT & LEFT & RIGHT TOES. ½ TURN RIGHT

1&2 Point right toe to right side, step right next to left, point left to left side
&3 Step left next to right, point right to right side
4 Turn ½ turn to right taking weight on right foot next to left

STEP SIDE, TOGETHER, CROSS TWICE

5&6 Step left to left side, step right next to left, cross left over in front of right
7&8 Step right to right side, step left next to right, cross right over in front of left

LEFT SHUFFLE BACK POINT BEHIND & UNWIND ½ TURN RIGHT

9&10 Step left foot back, close right beside left. Step left foot back
11-12 Point right foot back, unwind ½ turn right taking weight on right foot

FORWARD COASTER STEP, RIGHT KICK BALL CHANGE

13&14 Step forward left, step right next to left, step back left
15&16 Kick right foot forward, step down on right, and step left next to right

IN FRONT, SIDE, SAILOR STEP, TWICE

17-18 Cross right in front of left, step left to left side
19&20 Step right behind left, step left to left side, step right to right side
21-22 Cross left in front of right, step right to right side
23&24 Step left behind right, step right to right side, step left to left side

CROSS, SIDE, TURN, AND FLICK

25-26-27-28 Cross right over left, step left to left, side, step right foot ¼ turn right, flick left foot up & behind & click fingers above shoulder height

LEFT SHUFFLE FORWARD, HIP BUMPS RIGHT-LEFT-RIGHT-LEFT

29&30 Step left foot forward, step right foot next to left, step left foot forward
31&32& Step right foot forward bumping right hip forward, bump left hip back, bump right hip forward, bump left hip back (transferring weight on right left right left foot)

Alternative step for the younger dancers: steps 31 32 can be replaced with a body roll

REPEAT
