

Country Crazy

拍數: 52 牆數: 0 級數:
編舞者: Kris Brown (CAN)
音樂: 40 Days and 40 Nights - Tim McGraw



SHUFFLES

1&2 Shuffle left, right, left
3&4 Shuffle right, left, right
5&6 Shuffle left, right, left
7&8 Shuffle right, left. Right

LEFT JAZZ SQUARE

1 Step left foot forward
2 Cross right foot over left
3 Step left foot back
4 Bring right foot next to left

LEFT VINE WITH A SCUFF

5 Step left foot to the left side
6 Step right foot behind left
7 Step left foot to the left side
8 Scuff right foot

RIGHT VINE WITH A STOMP

1 Step right foot to right side
2 Step left foot behind right
3 Step right foot to right side
4 Stomp left foot

HEEL SWIVELS

5 Swivel both heels to the left
6 Bring back to center
7 Swivel both heels to the right
8 Bring back to center

SHUFFLES

1&2 Shuffle left, right, left
3&4 Shuffle right, left, right

PIVOT ½ TURN TO RIGHT WITH LEFT SHUFFLE

5 Step forward on left foot
6 Pivot ½ turn to right
7&8 Shuffle left, right, left

KICK BALL CHANGE AND ½ TURN

1 Kick right foot forward
& Place the ball of right foot next to left
2 Quickly switch weight back to left
3 Step forward on right
4 Pivot ½ turn to left

KICK BALL CHANGES

- 5 Kick right foot forward
- & Place the ball of right foot next to left
- 6 Quickly switch weight back to left
- 7 Kick right foot forward
- & Place the ball of right foot next to left
- 8 Quickly switch weight back to left

RIGHT VINE WITH A SCUFF

- 1 Step right foot to the right side
- 2 Step left foot behind right
- 3 Step right foot to the right side
- 4 Scuff left foot and place slightly forward

HIP BUMPS

- 5-6 Bump left hip forward twice
- 7-8 Bump right hip back twice

- 1 Bump left hip forward once
- 2 Bump right hip back once
- 3 Bump left hip forward once
- 4 Bump right hip back once

REPEAT
