Country Boy Stomp

級數: Intermediate east coast swing

編舞者: Jan Wagner

拍數: 32

音樂: Ladies Love Country Boys - Trace Adkins

RIGHT HEEL, HEEL, STOMP, KICK

- 1-2 Tap right heel forward twice
- 3-4 Stomp right foot next to left, then kick right foot forward

RIGHT FOOT DOWN IN FRONT OF LEFT, BALL OF LEFT FOOT BEHIND RIGHT

- &5 Step right foot down slightly extended in front of left, crossing ball of left foot behind right
- 6-7 Hold that position and bounce ¼ turn left, another ¼ turn left (now facing back wall)
- 8 Bring left heel down with a stomp

REPEAT 1-8 IN REVERSE WITH LEFT HEEL START

- Tap left heel forward twice 1-2
- 3-4 Stomp left foot next to right, then kick left foot forward
- &5 Step left foot down slightly in front of right, crossing ball of right foot behind left
- 6-7 Hold that position and bounce 1/4 turn right, another 1/4 turn right (facing front)
- 8 Bring right heel down with a stomp

MAMBO STEP RIGHT, HEEL FORWARD ON RETURN, COASTER RIGHT, THREE SHUFFLE SIDE STEPS LEFT

- 1&2 Do a right mambo step to right but on return tap right heel forward
- 3&4 Do a right coaster step
- 5 Step left foot extended to left side
- &6 Step right foot next to left, then extend left foot quickly left
- &7 Step right root next to left, then extend left foot quickly left
- 8 Tap right foot next to left

WIDE RIGHT STEP, SLIDE LEFT TO RIGHT, STOMP RIGHT, STOMP LEFT

- 1-2 Step a wide step to right, slide left next to right
- 3-4 Stomp right foot next to left, stomp left foot next to right

WIDE STEP TO LEFT, ½ TURN TO RIGHT WITH A WIDE STEP, SLIDE LEFT NEXT TO RIGHT, STOMP RIGHT

- 5-6 Step left foot out to left in a wide step, 1/2 turn right ending with a wide step (right extended to side)
- 7-8 Slide left foot next to right, stomp right

REPEAT





牆數: 2