

Country Baby

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Mavis Caul (UK)
音樂: Here Comes My Baby - The Mavericks



RIGHT RUMBA BOX STEP

1 Step to right on right foot
2 Step on left foot beside right
3 Step back on right foot
4 Hold

5 Step to left on left foot
6 Step on right foot beside left
7 Step forward on left foot
8 Hold

SYNCOPATED CROSS-ROCK, SYNCOPATED CROSS-ROCK WITH ¼ TURN

9 Cross-rock right foot over left
& Rock back, and recover weight onto left foot
10 Step on right foot beside left

11 Cross-rock left foot over right
& Rock back, and recover weight onto right foot
12 Step to left on left foot turning ¼ left

SYNCOPATED LOCK-STEPS FORWARD

13 Step forward on right foot
& Lock-step left foot behind right
14 Step forward on right foot

15 Step forward on left foot
& Lock-step right foot behind left
16 Step forward on left foot

MAMBO FORWARD, CROSSING TRIPLES MOVING BACK, MAMBO BACK

17 Rock forward on right foot
& Rock back, and recover weight onto left foot
18 Step on right foot beside left

19 Turning body 45° right, cross-step left foot over right
& Step back on right foot
20 Step on left foot beside right body is facing forward
21 Turning body 45° left, cross-step right foot over left
& Step back on left foot
22 Step on right foot beside left body is facing forward

23 Rock back on left foot
& Rock forward, and recover weight onto right foot
24 Step on left foot beside right

HEEL/TOE SWIVELS TO LEFT, HOLD/CLAP

25 Swivel both heels to left
26 Swivel both toes to left
27 Swivel both heels to left
28 Hold / clap hands

29 Swivel both heels to right
30 Swivel both toes to right
31 Swivel both heels to right
32 Hold / clap hands

RIGHT TOE, HEEL, STOMP, HOLD

33 Touch right foot to left instep
34 Touch right heel to left instep
35 Stomp right foot slightly forward
36 Hold

37 Touch left foot to right instep
38 Touch left heel to right instep
39 Stomp left foot slightly forward
40 Hold

SYNCOPATED CROSS-ROCK, SYNCOPATED CROSS-ROCK WITH ¼ TURN

41 Cross-rock right foot over left
& Rock back, and recover weight onto left foot
42 Step on right foot beside left

43 Cross-rock left foot over right
& Rock back, and recover weight onto right foot
44 Step to left on left foot turning ¼ left

RIGHT COASTER FORWARD, LEFT COASTER BACK

45 Step forward on right foot
& Step on left foot beside right
46 Step back on right foot

47 Step back on left foot
& Step on right foot beside left
48 Step forward on left foot

REPEAT
