

Countin' Down

拍數: 32 牆數: 2
編舞者: Beth Webb (USA)
音樂: Someday - The Lynns

級數: Intermediate line/contra dance



SYNCOPATED VINE TO RIGHT/HEEL SWITCHES

- 1& Cross left over right, step right to right side
- 2& Step left behind right, step right to right side
- 3-4 Cross left over right, step right to right side
- 5& Left heel forward, step together with left
- 6& Right heel forward, step together with right
- 7-8 Left heel forward, step together with left

SYNCOPATED VINE TO RIGHT/HEEL SWITCHES

- 1& Cross right over left, step left to left side
- 2& Step right behind left, step left to left side
- 3-4 Cross right over left, step left to side
- 5& Right heel forward, step together on right
- 6& Left heel forward, step together on left
- 7-8 Right heel forward, step together on right

SCUFF/HITCHES/SHUFFLES

- 1&2 Scuff left heel, hitch left knee, step forward on left
- 3&4 Shuffle forward(right, left, right)
- 5&6 Scuff left heel, hitch left knee, step forward on left
- 7&8 Shuffle forward(right, left, right)

TOE/HEEL/SHUFFLES/½ TURN

- 1-2 Touch left toe next to right foot pointing in, touch left heel next to right foot pointing toe out
- 3&4 Shuffle forward (left-right-left)
- 5&6 Shuffle forward (right-left-right)
- 7-8 Step forward left, ½ turn to right shifting weight to right.

REPEAT

TAG: TOE, HEEL, CHA-CHA-CHA (TWICE)

In "Someday" by The Lynns, there are 8 extra counts in the chorus (at the ends of walls 3 and 6). This 8-count tag feels like an echo of the last 8 counts of the dance, just as the music sounds like an echo of the previous 8 counts in the song.

- 1-2 Touch left toe next to right foot pointing in, touch left heel next to right foot pointing toe out
 - 3&4 Shuffle in place (left-right-left)
 - 5-6 Touch right toe next to left foot pointing in, touch right heel next to left foot pointing toe out
 - 7&8 Shuffle forward (right-left-right)
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