

Count Me In (5,6,7,8)

COPPER KNOB
STEPSHEETS

拍數: 64
編舞者: Chris Kumre (USA)
音樂: 5,6,7,8 - Steps

牆數: 2

級數: Intermediate line/contra dance



FORWARD, SIDE, CROSS BALL CHANGE, FORWARD, SIDE, CROSS BALL CHANGE

- 1-2 Kick right foot forward, kick right foot out to right side
3&4 Cross right behind left, step left slightly to left, step right slightly forward
5-6 Kick left foot forward, kick left foot out to left side
7&8 Cross left behind right, step right slightly to right, step left slightly forward

STEP RIGHT, HOLD, AND RIGHT, HOLD, AND MONTEREY TURN

- 1-2 Step right out to right side, hold & clap
&3-4 Quickly bring left next to right and change weight step right out to right side, hold & clap
&5-6 Quickly bring left next to right and change weight point right out to right side, turn ½ turn right as you bring right next to left
7-8 Touch left out to left side, bring left next to right and change weight

CAMEL WALK DIAGONALLY FORWARD, BRUSH, TOE STRUTS TWICE

- 1-2 Step right forward at 45 degree angle, slide left behind right
3-4 Step right forward at 45 degree angle, brush left next to right
5-6 Step left toe directly across right, drop heel left down
7-8 Step right toe out to right side, drop right heel down

SAILOR SHUFFLE TWICE, KNEE POPS

- 1&2 Cross left behind right, step right out to right side, step left out to left side
3&4 Cross right behind left, step left out to left side, step right out to right side
5-6 Pop left knee in front of right, pop right knee in front of left while dropping left heel
7-8 Pop left knee in front of right while dropping right heel down, pop right knee in front of left while dropping left heel (weight stays on left)

KICK RIGHT FORWARD TWICE, COASTER STEP, KICK LEFT FORWARD TWICE, COASTER STEP

- 1-2 Kick right forward twice
3&4 Step right back, step left next to right, step right slightly forward
5-6 Kick left forward twice
7&8 Step left back, step right next to left, step left slightly forward

STOMP, HOLD, ½ TURN, HOLD, POINT AND POINT AND POINT, HOLD

- 1-2 Stomp right forward, hold
3-4 Pivot ½ turn left, hold
5&6 Point right out to right side, quickly bring right next to left (change weight), point left out to left side
&7-8 Quickly bring left next to right (change weight) point right out to right side, hold

SHUFFLE RIGHT, SHUFFLE LEFT, JAZZ BOX WITH ½ TURN

- 1&2 Step right forward, slide left next to right, step right forward
Right shuffle at slight 45 degree angle left. You and your partner should cross right shoulder to right shoulder and left shuffle is straight forward
Option: You could slap hands as you cross
3&4 Step left foot forward, slide right next to left step left forward (left shuffle is straight forward)
5-6 Cross right over left, step left back making ¼ turn right
7-8 Step right ¼ turn right, touch left next to right

HIPS LEFT, HIPS RIGHT, HAND SLAP WITH PARTNER THREE TIMES, CLAP

- 1-2 Bump hips left twice while stepping left out to left side (squaring up with partner across from you)
- 3-4 Bump hips right twice
- 5-6 Slap partners hand with right hand (both people slapping right hand to right hand), slap partners hand with left hand (both people slapping left hand to left hand)
- 7-8 Slap partners hands with both hands, clap (end with weight on left)

REPEAT
