

# Cougar Strut

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: "Calamity" Jane Newhard (USA)  
音樂: Enjoy The Ride - Brett James



- 
- 1-2      Cross right over left, weight on toe; drop heel down  
3-4      Step left toe to left side; drop heel down  
5-6      Cross step right over left; step left to left side  
7-8      Cross step right over left; touch left to left side
- 1-2      Cross step left toe over right, weight on left; drop heel down  
3-4      Step right toe to right; heel down  
5-6      Cross step left over right; step right to right side  
7-8      Cross step right over left; touch right to right side
- 1-2      Cross step right over left; point left to left side  
3-4      Cross step left over right; point right to right side  
5-6      Cross step right behind left; point left to left side  
7-8      Cross step left behind right; point right to right side
- 1-2      Step right heel forward; drop right toe down  
3-4      With weight on right toe, tap right heel twice  
5-6      With left foot back, tap left heel twice  
7-8      Step left heel forward; drop toe down
- 1-8      Repeat last 8 counts
- 1-2      Cross step right over left; step back on left  
3-4      Step right turning  $\frac{1}{4}$  turn to the right; step left beside right  
5-6      Step cross right over left; step back on left  
7-8      Step right beside left; step left beside right

**REPEAT**

---