

Cotton Joe

拍數: 48 牆數: 4 級數: Beginner
編舞者: Bronya Bishorek (MY)
音樂: Cotton Eye Joe - Rednex



CHICKEN WALK FORWARD & BACK

- 1 Swivel forward right foot to right side (on ball)
- 2 Swivel forward left foot to left side (on ball)
- 3-4 Repeat 1-2
- 5 Step right foot back (toe to heel)
- 6 Step left foot back (toe to heel)
- 7-8 Repeat 5-6

CHICKEN WALK FORWARD & BACK

- 1 Swivel forward right foot to right side
- 2 Swivel forward left foot to left side
- 3-4 Repeat 1-2
- 5 Step right foot back (toe to heel)
- 6 Step left foot back (toe to heel)
- 7-8 Repeat 5-6

DOUBLE HEEL HOE DOWN RIGHT OVER LEFT, SHUFFLE RIGHT, REPEAT LEFT

- 1-2 Push right heel diagonally across left leg towards floor - twice
- 3&4 Shuffle to right, right left right
- 5-6 Push left heel diagonally across right leg towards floor - twice
- 7&8 Shuffle to left, left right left

DOUBLE HEEL HOE DOWN RIGHT OVER LEFT, SHUFFLE RIGHT, REPEAT LEFT

- 1-2 Push right heel diagonally across left leg towards floor - twice
- 3&4 Shuffle right, right left right
- 5-6 Push left heel diagonally across right leg towards floor - twice
- 7&8 Shuffle left, left right left

POINT STEP TO THE RIGHT CORNER (FACING 1:30)

- 1-2 Point right toe diagonal forward, step right next to left
- 3-4 Point left toe diagonal forward, step left next to right
- 5-8 Repeat 1-4

RIGHT LEG POINTS FORWARD & BACK TO RIGHT CORNER (FACING 1:30), KICK BALL CHANGE 1/8 TURN (FACING 3:00)

- 1 Touch right toe forward
- 2 Touch right toe back (behind body)
- 3-6 Repeat 1-2
- 7&8 Kick right foot forward, right foot behind body (on ball), 1/8 turn right, step left foot in place (now facing 3:00)

REPEAT