

Cotton Fields

拍數: 32 牆數: 4 級數: Improver
編舞者: Barry Amato (USA)
音樂: Cotton Fields - Isakatikazo



Dance starts after the 32 count intro of the song "Oh Susanna"

STEP, CROSS, STEP, KICK, STEP, CROSS, STEP, KICK

- 1-2 Open your body on a diagonal to the right and step on the right foot, cross the left foot over the right foot
- 3-4 Step right on the right foot, open your body on a diagonal to the left and kick the left foot to the left side
- 5-6 Keep your body open diagonally left and step to the left on the left foot, cross right foot over the left foot
- 7-8 Step left on the left foot, open your body on a diagonal to the right and kick the right foot to the right side

SAILOR STEP, STEP, STEP, TURN, TRIPLE STEP SIDE

- 1&2 Begin a sailor step by stepping right foot behind left, step on the ball of the left foot out to the left side, recover in place on the right foot
- 3-4 Step left foot behind right, step out to the right on the right foot
- 5-6 Do a full turn to the left stepping out a $\frac{1}{4}$ turn on the left foot, complete full turn by doing a $\frac{3}{4}$ turn and step on the right foot to bring you back facing original position
- 7&8 Triple step to the left side stepping on left foot, step together with right foot, step to the left side on the left foot

HEEL, FAN WITH A $\frac{1}{4}$ TURN, SCUFF, STEP, ROCK, STEP, STEP PIVOT

- 1-2 Dig right heel into floor with toes facing diagonally to the left, fan left foot from left to right and $\frac{1}{4}$ turn right at the same time with right foot taking weight
- 3-4 Scuff the left heel low to the floor, step in place on the left foot
- 5-6 Rock back on the right foot, recover on the left foot in place
- 7-8 Step forward on the right foot, pivot a $\frac{1}{2}$ turn left with left foot taking weight

WALK, WALK, STEP OUT-OUT-IN-IN, HOLD, STEP OUT-OUT-IN-IN, HOLD

- 1-2 Step forward on the right foot, step forward on the left foot
- &3&4 Traveling forward slightly step out on the right foot, step out on the left foot (feet are shoulder width apart), step in on the right foot, step in on the left foot
- 5 Hold
- &6&7 Traveling forward slightly step out on the right foot, step out on the left foot, step in on the right foot, step in on the left foot
- 8 Hold

REPEAT

ENDING

You can end the dance during the last pattern on the step, half turn pivot (counts 31-32). This will be the last beat of the song