Cotton Eyed Joe Scoot



拍數: 40 牆數: 4 級數: Beginner

編舞者: Amanda Peterson

音樂: Cotton Eye Joe - Rednex



Amanda was age 8 when she choreographed this dance.

KNEE BOUNCES

1-2 Put knees and toes together, heels spread, with each hand on the opposite knee. Bounce

twice

3-4 Turn knees and toes apart, heels together, with right hand on right knee and left hand on left

knee. Bounce twice.

5-8 Repeat 1-4

RIDE THE HORSE, PIVOT TURN

1-2 Hop straight up and down on both feet twice

3-4 Step right foot forward and to the right, step left foot forward and to the left

Scoot forward on both feet three times (hands up like holding reins)

7-8 Step right foot forward, pivot on both feet ½ turn to left. End with weight on left foot

8 COUNT VINES RIGHT AND LEFT

1-8 8-count grapevine to right, end with a scuff

1-8 8-count grapevine to left, end with a scuff and a ¼ turn to the left

SIDE GALLOPS RIGHT AND LEFT

1&2& Step right foot to right, step left foot next to right foot, step right foot to right, step left foot next

to right foot

3&4 Step right foot to right, step left foot next to right foot, step right foot to right

5&6& Step left foot to left, step right foot next to left foot, step left foot to left, step right foot next to

left foot

7&8& Step left foot to left, step right foot next to left foot, step left foot to left, step right foot next to

left foot

REPEAT