

Crystal (P)

拍數: 48 牆數: 0 級數: Partner
編舞者: John Litchfield
音樂: Tougher Than the Rest - Chris LeDoux



Position: Sweetheart position

¼ TURN, CROSS BEHIND, SHUFFLE, ¼ TURN CROSS BEHIND, SHUFFLE

- 1 Left foot step ¼ turn to right (man behind lady holding arms outstretched)
- 2 Rock foot cross behind left
- 3&4 Left shuffle in line of dance
- 5 Right foot step ¼ turn to left (lady behind man facing inside line of dance)
- 6 Left foot cross behind right (arms outstretched)
- 7&8 Right shuffle in line of dance

LEFT ¼ TURN CROSS SHUFFLE, ROCK, ROCK, CROSS SHUFFLE

- 9 Left foot step forward pivoting ¼ to right
- 10 Right foot step in place
- 11&12 Left foot cross over right and cross shuffle
- 13 Right foot rock to side
- 14 Left foot rock in place
- 15&16 Right foot cross over left and cross shuffle

ROCK, ROCK, CROSS SHUFFLE, STEP PIVOT ¼ RIGHT SHUFFLE

- 17 Left foot rock to side
- 18 Right foot rock in place
- 19&20 Left foot cross over right and cross shuffle
- 21 Right foot step forwarding pivoting ¼ turn to left
- 22 Left foot step in place
- 23&24 Right shuffle forward

FOUR SHUFFLES, BOTH TURNING TO THE RIGHT

- 25&26 Left shuffle
- 27&28 Right shuffle
- 29&30 Left shuffle
- 31&32 Right shuffle

Drop left hands and raise right hands

ROCK LEFT, ROCK RIGHT, TURN SHUFFLE

- 33 Left foot rock forward
- 34 Right foot rock back
- 35&36 Left shuffle turning ½ to left

STEP PIVOT RIGHT SHUFFLE

- 37 Right foot step forward pivoting ½ to left
- 38 Left foot step in place
- 39&40 Right shuffle forward

STEP LOCK SHUFFLE, STEP LOCK SHUFFLE

- 41 Left foot step forward
- 42 Right foot lock behind left
- 43&44 Left shuffle forward

45 Right foot step forward
46 Left foot lock behind right
47&48 Right shuffle forward

REPEAT
