

# Crystal (P)

拍數: 48      牆數: 0      級數: Partner  
編舞者: John Litchfield  
音樂: Tougher Than the Rest - Chris LeDoux



**Position: Sweetheart position**

## **¼ TURN, CROSS BEHIND, SHUFFLE, ¼ TURN CROSS BEHIND, SHUFFLE**

- 1            Left foot step ¼ turn to right (man behind lady holding arms outstretched)
- 2            Rock foot cross behind left
- 3&4        Left shuffle in line of dance
- 5            Right foot step ¼ turn to left (lady behind man facing inside line of dance)
- 6            Left foot cross behind right (arms outstretched)
- 7&8        Right shuffle in line of dance

## **LEFT ¼ TURN CROSS SHUFFLE, ROCK, ROCK, CROSS SHUFFLE**

- 9            Left foot step forward pivoting ¼ to right
- 10          Right foot step in place
- 11&12      Left foot cross over right and cross shuffle
- 13          Right foot rock to side
- 14          Left foot rock in place
- 15&16      Right foot cross over left and cross shuffle

## **ROCK, ROCK, CROSS SHUFFLE, STEP PIVOT ¼ RIGHT SHUFFLE**

- 17          Left foot rock to side
- 18          Right foot rock in place
- 19&20      Left foot cross over right and cross shuffle
- 21          Right foot step forwarding pivoting ¼ turn to left
- 22          Left foot step in place
- 23&24      Right shuffle forward

## **FOUR SHUFFLES, BOTH TURNING TO THE RIGHT**

- 25&26      Left shuffle
- 27&28      Right shuffle
- 29&30      Left shuffle
- 31&32      Right shuffle

**Drop left hands and raise right hands**

## **ROCK LEFT, ROCK RIGHT, TURN SHUFFLE**

- 33          Left foot rock forward
- 34          Right foot rock back
- 35&36      Left shuffle turning ½ to left

## **STEP PIVOT RIGHT SHUFFLE**

- 37          Right foot step forward pivoting ½ to left
- 38          Left foot step in place
- 39&40      Right shuffle forward

## **STEP LOCK SHUFFLE, STEP LOCK SHUFFLE**

- 41          Left foot step forward
- 42          Right foot lock behind left
- 43&44      Left shuffle forward

45 Right foot step forward  
46 Left foot lock behind right  
47&48 Right shuffle forward

**REPEAT**

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